

# ST. THOMAS AQUINAS Regional Secondary School

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## IMPORTANT DATES IN MARCH

VOLUME 28, ISSUE 6

FEBRUARY 2021

9	Penitential Service
10	Career Day
11	Men's Hostel Food Drive
12	Spirit Day
15-26	Spring Break School Closed
29	School Re-Opens after Spring Break

**SPRING BREAK**

MARCH 15-26 INCLUSIVE

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As I look back at previous messages I have written at this time of year, many things have changed. It will be one year ago on this date where we had no idea that we would be on virtual learning when we came back from spring break. We had no idea our life would be turned upside down. Spring break has come at a great time to let us slow down and prepare for activities that are yet to come as we ease out of the restrictions we have experienced.

The winter athletic season would have been winding down with provincial championships held this past week.

We are continuing with an on-line registration process for our existing families this year. This will eliminate the need to line up for re-registration, unless you are paying by post-dated cheques. Re-registration information was sent home in February. All new families will register for the 2021-22 school year on by dropping off completed registration forms at the school. Knowing the student numbers registered for next year is important for us at this time of year as it is essential for us to determine staffing needs and budget parameters now. This is why the Education Committee has continued the \$100 reduction in the registration fee as an incentive to get your registration completed before April 1<sup>st</sup>. This date will help us do the best planning we can for your son or daughter in 2021-22.

Enjoy the 2 week spring break...enjoy your time off with your family!

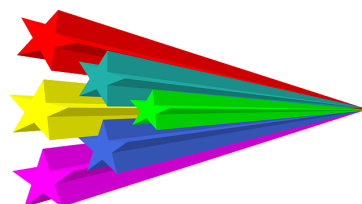
Have a great March!

*Mr. J. Campbell, Principal*



## GRADE 8 HONOUR ROLL

Alladina, Sofia	Nichols, Oliver	Hagedorn, Jayda	Panzetta, Emilia
Alsop, Sienna	Park, Sunghan	Haziza, Burke	Pietraru, Alexa
Altomare, Giulia		Jackson, Josiah	Rendall, Liam
Baker, Hudson		Jessop, Wesley	Riddall, Nate
Carotenuto, Justin	Barichello, Christian	Kerridge, Thomas	Rinon, Callia
Chen, Sophie	Boffo, Mikayla	Koenig, Olivia	Savage, Isaac
Cromack, Charlotte	Bond, Zachary	Koo, Howard	Selegria, Mikayla
Cruz, Ryan	Bracken, Joseph	Kwak, Minjun	Shehata, Ramy
Dean, Harry	Cantas, Sebastian	Lam Po Yuen, Aidan	Shi, Lydia
Domina, Vanessa	Cardle, Fiona	Lamb, Charli	Spadavecchia, Maya
Duncan, Blake	Ceolin, Isabella	Law, Ryan	Stuart-Roca, Annika
Fraser, Carys	Concepcion, Maria Christina	Lee, Savannah	Tabassi, Dorsa
Glowacki, Julianne	Conlin, Sarah	Mackenzie, Benjamin	Tigas, Isabelle
Jeon, Mikael	Dear, Rita	Martin, Maya	Tuazon, Myazelle Elia
Kasabashian, Gabriella	Diab, Sean	McLeary, Aiden	Valenzuela, Marielle
Kennedy, Matthew	Dong, Blake	Mengestab, Nathan	Villareal, Tanya
Kim, Grace	Dwyer, Andrew	Oh, Jen	Wallin, Sidney
Kostamo, Elanor	Fernandes, Marco	Oko, Chantelle Anne	Wang, Matthew
Kuwalek, Jacob	Gelo, Bianca	Organ, Finley	Warwas Gonzalez, Zara
La Pica Puelle, Micaela	Ghahremani, Sina	Pactanac, Skyler	Wein, Sasha
Larson, Neve	Ghodrati, Gelareh	Pagtakhan, Ciara	Zhao, Angela
Macatangay, Seth	Gorecki, Nicholas		
McCready, Alessandra	Guzman, Gabriel		
McMillan, Sienna			
Modequillo, Ziara			



Names in bold denote **First Class honours (GPA = 4.00)** and are organized according to **Semester 1 achievement**. Honour roll students are listed alphabetically and have achieved a GPA of 3.202 or greater and/or have received Excellent or Good work habits in all subjects.

## GRADE 9 HONOUR ROLL

Altamirano, Sara	Sayyad, Melissa	Cratchley, Lauren	Larrea Chinchilla, Pablo
Coley, Nathan	Sharp, Zakary	Cruz, Abigail	Lazaga, Ancus
Concepcion, Pauline	She, Kai-Yu	Daoust, Angie	Lee, Hae In
Delgado, Nicolas	Sikich, Dante	Di Rosa, Marianna	Macuroy, Daniel
Ghezzi Fagyas, Kyara	Stevens, Mikaila	Diab, Rosemary	Mahmoodian, Sarina
Henley, Rhiannon	Taylor, Harrison	Fitzgerald, Emma	Mastrangelo, Luciana
Jones, Lydia	Torrillo, Jervin	Frith, Caterina	McLean, Haley
Kirkham, Bridget	Tuey, Oliver	Gelo, Tia	McMillan, Madeline
Lipnitskiy, Michael	Wong, Cherrie	Govorcin, Nicolas	Panzetta, Alessandra
Lum, Taylor	Yi, Emily	Hagedorn, Sienna	Radosevic, Rachel
Malekzadeh, Zhina	Yupangco, Tyler	Hall, Michael	Rhone, Ava
Marcano, Fabiola	Arcilla, Gabrielle	Hare, Teagan	Rodriguez, Andrea
Martinez Gutierrez De Velazco, Alondra	Ban, Benji	Hisole, David	Ryznar, Justin
Milone, Sophia	Benedet, Elle	Howse, Liam	Santiago, Etienne
Mousavi, Melikasadat	Bond, Rebecca	Jaffe, Alexander	Schmidt, Jonathan
Mulhall, Justin	Calimoso, Ella	Kalanchey, Chase	Schuss, Sofia
O'Flaherty Wills, Bronwyn	Chandralingam, Adrian	Kelly, Joshua	Song, Brennan
O'Neill, Mia	Chen, Jason	Kero, Helena	Stockwell, Eton
Pestes, Alessa	Cheung, Bowen	Kim, Julia	Tigas, Francis Ryan
Poori, Niketh	Chung, Marcus	Koch, Joshua	Walker, Nyah
Purkiss, Elizabeth	Codrington, Bennett	Kuss, Addyson	Watts, Jack
Sawhney, Neil			

*Congratulations!*

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## GRADE 10 HONOUR ROLL

McLeary, Ashley	Okon, Caiden	Cutler, Declan	Kim, TaeJun
Genova, Rumina	Kwon, Yohan	Ducut, Brendan	Kischer, Evan
Matinrad, Mehrsa	Kostamo, Stephanie	Dy, Isabella	Kramer, Julia
Chan, Sofie	Soroka, Alexander	Estropia, Harrison	Kwong, Aiden
Themens, Kelsey	Cox, Sophie	Factor, Deanna	Marchetti, Luke
Panicker, Alexandre	Clarke, Madeline	Fernandes, Daniel	Merabian, Lukas
Lee-Cayetano, Madelyn	Fraser, Raine	Gibbs, Jose	Mozaffari, Radin
Vaseghi, Anita	Kennedy, Thomas	Glowacki, Benjamin	Riddall, Mia
Woodworth, Eliana	Dwyer, Matthew	Gutierrez, Danica	Santos, Estefania
Hamilton, Meara	Shehata, Ramez	Hamilton, Michael	Shehata, Rafik
Asoudehkhajani, Seyedehailin	Abbott, Quinn	Harrison, Sydney	Simmons, Matias
Montoya, Dana	Arai, Ethan	Hinze, Lauren	Somera, Alyssa Kate
Chong, Rachel	Baker, Roland	Hinze, Sean	Souza, Julie
Villanueva, Myla	Baptista, Alexandre	Howard Jovanovic, Zoi	Tidman, Aidan
Kim, Vin	Bernardez-Lai, Diego	Howse, Noah	Tomas, Anthony
Islas, Diego	Brick, Kelsey	Hunter, Anthony	Urbani, Elizabeth
Fediw, Isaac	Caffaro, Luca	Jones, Nicole	Ventura, Aubrey Ann
Burgos Oliva, Javier	Cha, Edward	Kanatselis, Gabriel	Villanueva, Shayne
Larson, Sierra	Coo, Mark	Kelly, Norah	Wong, Kara
Del Monte, Athessa	Costales, Raphael John	Kennedy, Christina	



Names in bold denote First Class honours (92 % + Average) and are organized according to Semester 1 achievement. Honour roll students are listed alphabetically and have achieved an overall average of 82% or greater and/or have received Excellent or Good work habits in all subjects.

## GRADE 11 HONOUR ROLL

Rodriguez, Tamara	<b>Nedergard, Markus</b>	Cratchley, Ethan	MacDonald, Ava
Popa, Adelina	<b>Kang, Yebin</b>	Dalisay, Channah	MacNeil, Ewan
Kwak, Minseok	<b>Mulhall, Lucas</b>	Damery, Jacob	Maglieri, Ella
Dijak, Dominik	<b>Flynn, Matthew</b>	De Paz, Aliah	Marusak, Dominik
Lee, Kai	<b>Savage, Sophie</b>	Dimas, Matthew	Misola, Andreanne+
Wishart, Daniel	<b>Concepcion, Janelle</b>	Edge, Benjamin	Ong, Grace
Purvica, Daniela	<b>Lazaro, Kandie</b>	Edwards, Ella	Panzetta, Gabriella
Kam, Marcus	<b>Jennex, Halle</b>	Erdman, Talia	Pavlovic, Ivana
Dick, Dylan	<b>Yu, Kylie</b>	Freckelton, Jasmine	Purkiss, Michael
Cruz, Brandon	<b>Lum, Ayden</b>	Friesen, Lucas	Rojas Gonzalez, Marcela
McLennan, Lucas	<b>Kasabashian, Elizabeth</b>	Gawronski, Anna	Semeniano, Adrian
Frith, Luke	<b>Qi, Zhongyuan</b>	Gharavi, Helia	Setticasi, Anthony
Ahn, Regina	<b>Oliveira, Rafaela</b>	Gustafson, Anja	Silberstein Sestini, Juliana
Battisti, Trent	Aguilar, Xavier	Kamali, Amir	Tan, Hazel Mae
McLennan, Alexander	Anastacio, Sofia	Kim, Jinho	Villa Soto, Danilo
Moore, Mackenzie	Bitu, Tudor	Krzyczkowski, Roman	Villagracia, Michael
Calindas, Kevin	Bizzotto, Caroline	Lam Po Yuen, Alexis	Voulakis, Joseph
Rangel, Jose	Buno, Jannah	Laudencia, Jericho	Wang, Lucas
La Pica, Fiorella	Buno, Jayron	Lee, Hailey	Wein, Maia
Chen, Yvonne	Cabahug, Janelle	Levasseur, Samuel	Wimberley, Rory
Eng, Ayden	Claro, Julianna	Liang, Zhuokun	Zadeiks, Jordan
Wang, Abraham	Cole, Samuel	Lipiec, Alexandra	Zarowny, Monika
Sikich, Eva	Coppin, Samantha	Liu, Mia	Zhai, Yuquan Echo
Acio, Alexandra	Corcoran, Kiera	Macatangay, Job	Zhou, Dorry
Altamirano, Isabel			

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## GRADE 12 HONOUR ROLL

Taylor, Chloe	Markarian, Taleen	Hamilton, Thomas	Ong, Gabriel
Themens, Mackenzie	Wattier, Siena	Helm, Riley	Palmer, Sophie
Woo, Sean	Rogers, Liam	Hoh, Yein Clare	Parente, Sofia
Serrano, Sofia	Kim, Andrew	Jones, Sonya	Paul, Benjamin
Haines, Grace	Yang, Beini	Kemper, Dylan	Repard-Denniston, Arabella
Nock, Hudson	Dear, Carmel	Kim, Daniel	Ryznar, Sophia
Rhone, Gabriel	Kalanchey, Jack	Kim, Soobin	Sapanta, Vanessa
Bauermeister, Cara	Blake, Jack	Kim, Taeyoon	Schmidt, Marcus
Poori, Saketh	Dong, Ethan	Kirkham, Aodhan	Schumann, Luke
Dupouy Pardo, Maria	Khavandgar, Nika	Kischer, Thomas	Sikich, Luca
Heuchert, Joshua	Manongsong, Gericho	Krohman, Justin	Somera, Abigail Criselle
Hunt, Amelia	Kim, Chloe	La Breche, Noah	Souza, Joshua
Thordarson, Erik	Arai, Brandon	Lalanne, Jordyn	Steverding, Anna
Canvin, Ella	Arcilla, Raphael	Lew, Derek	Sutherland, Gabriel
Costales, Ericka	Babcock, Grace	Li, Mingqi	Sutherland, Michael
Day, Jazz	Baker, Graydon	Luo, Zhuofu	Teather, Destynnee
Pedrero Pastrana, Maria	Balmaceda, Jansen	Lyu, Gengda	Tiernay, Anna
Dahl, Meghan	Barrera, Nicolas	Ma, Hanshu	Torres, Maria
Kennedy, Ella	Black, Ryan	Marchant, Javen	Valdez, Hannah
Eng, Allyssa	Boase, Dexter	Markic, Jessica	Wang, Boya
Saffar, Bahar	Borges McDiarmid, Catarina	Matias, Jalen	Watts, Tristan
Woodworth, Frank	Contini, Chanelle	McLachlan, Owen	Wee, Jessica
Hamilton, Calleigh	Cox, Paige	Mills, Ryan	Wong, Kieran
Ye, Yiwen	Cromack, Henry	Miranda, Angelica	Yan, Dolores
Jasionowska, Olivia	Del Monte, Geraldine	Misola, Alyssa	Yellowley, Marcus
Cunningham, Laura	Freckelton, Declan	Moon, Yenna	Zhang, Yueyi Emily
Gao, Yang	Gilson, Abigail	Nikkhah, Parham	
Kero, Anthony	Hamagami-Postill, Kamryn	Nudalo, Jaizelle	

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## Campus Ministry

This Lent, we have partnered with Rikiau Primary School in Kenya through the Chalice School Connections Campaign.

The students at Rikiau Primary are praying for us every day, and they sent us a video to show us their school. We, as a school community, will also be praying for them every day, writing them letters, and raising funds to help them build latrines. This is our school-wide

Lenten act of almsgiving and the perfect place for you to practice your personal Lenten almsgiving.

It will cost \$9000 for them to build 6 latrines, each of which would include a cubicle and toilet, as well as a seat (instead of squatting), and washing stations.

This is the same school that we partnered with last year but were unable to complete any support due

to covid-19.

If you would like to financially support directly, please see this link:

<https://secure.e2rm.com/p2p/fundraising/346021/corporateteam/47213/en-CA>

If every student donated \$15, we would easily reach \$9000.



Life and Justice Students are hosting their own 40 Days for Life Campaign at the school (photo at right). 40 Days for Life is a Lenten tradition in the Catholic pro-life community, internationally many campaigns are held, usually including fasting, prayer, and 24-hour constant peaceful vigils that may be near abortion facilities. Every Wednesday and Friday at both lunch hours students gather to pray in unity with this campaign.



Students took some time to write a small note in Valentine's cards for seniors at local care homes.

We sent 95 to Churchill House Retirement Residence and 50 to Inglewood Care Centre.



## *News from the Academic Advisor*

**A**s application deadlines approach for post secondary admissions, we encourage and welcome all senior students and parents to arrange to meet with Mr. Salituro to discuss any academic needs including university application and admission requirements, obtaining transcripts, scholarship opportunities and a wide variety of other academic concerns. Follow our social media accounts on both Instagram and Facebook to keep up to date with new scholarship and bursary applications along with news on post-secondary info sessions and open houses. This information will also be published in STA's daily announcements and posted on the academic advisor link of the STA website shown below.

<http://www.aquinas.org/index.php/academics/advising>



[www.facebook.com/staacademics](http://www.facebook.com/staacademics)



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### 2021-2022 STA COURSE SELECTION INFORMATION EVENINGS: APRIL 6-7

**P**arents and students are strongly encouraged to attend STA's course selection information evenings which will take place virtually on April 6<sup>th</sup> and 7<sup>th</sup> at 7:00 pm.

The April 6<sup>th</sup> session will be the grade 11 course selection presentation for all current grade 10 parents and students, followed by the grade 12 course selection presentation for all current grade 11 parents and students on April 7<sup>th</sup>.

With the recent introduction of the new curriculum at the grade 11 and 12 level, both parent and student attendance at these sessions would be most beneficial.

#### Course Selection



### YOUTH CENTENNIAL SCHOLARSHIP

**T**he City of North Vancouver Youth Centennial Scholarship administered by the North Shore Community Foundation is awarding five \$1,000 scholarships to deserving grade 12 students who have demonstrated outstanding community service both within the City of North Vancouver and elsewhere.

The deadline for application submissions is **March 12<sup>th</sup>**.

Application packages are available at the website below:

<https://www.cnv.org/city-services/planning-and-policies/youth/be-recognized/youth-centennial-scholarship>





## DOGWOOD DISTRICT/AUTHORITY SCHOLARSHIPS

**T**here are 5500 District/Authority Scholarships distributed across school districts and independent school authorities that recognize graduating B.C. students for excellence in their chosen area of interest or strength. Winners will receive a \$1250 scholarship voucher to use towards their post-secondary tuition.

These award acknowledge academics but also recognize a student's accomplishments in a number of fields:

***Fine Arts*** such as Visual Arts, Dance, Drama, Music

***Applied Skills*** such as Business Ed, Technology Ed, Home Economics

***Physical Activity*** such as Athletics, Dance, Gymnastics, not limited to Physical Education

***International Languages*** with Integrated Resource Packages (IRPs) or External Assessments, including A.P. and I.B. courses

***Indigenous Languages and Culture***, demonstrated at school or in the community

***Community Service*** (Volunteer Activity), which includes demonstration of local and global issues and cultural awareness

***Technical and Trades Training*** such as Carpentry, Automotive, Mechanics, Cook Training

Students can apply for this scholarship through the academic advisor's office or download a copy of the application package at the website below.

Completed packages must be submitted to the academic advisor's office no later than **Wednesday, March 10<sup>th</sup>**.

<https://fisabc.ca/scholarships-awards/>

## STANDING TALL AWARD

### Coast Capital Savings

will be awarding 44 scholarships at \$3500 each for the 'Standing Tall Award.'

<https://www.coastcapitalsavings.com/about-us/our-community/programs-for-youth/youth-education-awards>

This scholarship is awarded to youth who have overcome adversity and have not only risen up against the odds, but are demonstrating a commitment to continue their education. This award is open to graduating students who have faced challenges such as poverty, health, family issues, personal loss and lack of support. Grade 12 students who feel that they fit this criteria, can download an application at the link provided below.



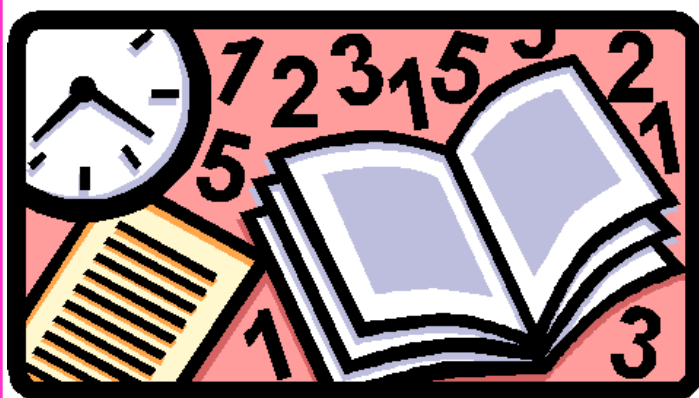
Completed applications must be submitted to the academic advisor's office by **Tuesday, April 6th**.

# Student News

## MATH DEPARTMENT

About 100 students from grade 8 to 11 participated in the University of Waterloo, CEMC Math Contests on February 23rd. Tens of thousands of students across Canada and the world participate in the Pascal, Cayley and Fermat Contests that allow students to develop their mathematical problem solving skills, challenge themselves and have fun! The students wrote this hour long contest in a designated area with their cohort group. Results will be available to students by mid-March with the top student in each grade receiving a medal and students who finish in the top 25% of all participants will receive Certificate of Distinctions to acknowledge their outstanding achievement. Grade 12 students will have the opportunity to participate in the Euclid Math Contest in April. They are asked to sign up with *Mr. Flores*.

## WATERLOO MATH CONTEST



## MATH 9 SCALE FACTORS



*Mrs. Kyfiuk's Math 9 class ended the first semester with a hands-on scale factors project. Students first measured and drew scale diagrams of objects in the classroom and even went on a "field trip" to the parking lot to measure the dimensions of some of the staff cars.*

*Students in pictures: Cherrie Wong, Bronwyn O'Flaherty-Wills, Lauren Cratchley, Daniel Schuss, Ella Calimoso, Jacob Riddle, Melika Mousavi, Andee Sanoria, Abigail Cruz, David Hisole & Jervin Torrillo*



## SCIENCE DEPARTMENT

### SHAD

**W**e are proud to announce that four of our grade 11 students, **Mike Kwak, Ayden Lum, Tammy Rodriguez** and **Myla Villanueva** were accepted to SHAD this summer. SHAD is an internationally recognized month-long summer program usually held on university campuses across Canada and is focused on STEAM (Science, Technology, Engineering, Arts and Math). It encourages students to identify and foster their potential as leaders and change-makers for tomorrow's world. Due to the pandemic, SHAD has moved to an online format this year, but our four students who virtually participated in the program last summer still raved about their experiences.



Congratulations, **Mike, Ayden, Tammy** and **Myla**!

## ENGLISH DEPARTMENT

### ENGLISH 110- ACADEMIC READING, WRITING, AND THINKING

**T**hese incredible Grade 12 students pictured below are starting their University education right here, right now at STA! The English Honours program accelerates students through their high school English courses in order for them to partake in a first-year English course offered through Corpus Christi College. Every Monday at 2:30 pm precisely, *Ms. Gabrielle Ruloff* (also pictured below right) arrives to teach English 110 to an incredibly motivated group of students. In addition, the offering allows the students to experience a University level course well in advance of their studies this coming fall.

This opportunity is made possible by the sincere efforts of *Mrs. Sawdon, Mr. Salituro*, and the enthusiastic support of principal *Mr. John Campbell*.



*Ms. Gabrielle Ruloff*  
Corpus Christi College



## NORTH VANCOUVER CITY LIBRARY TEEN SHORT STORY CONTEST

**T**wo STA students recently won the Teen Short Story Contest put on by the North Vancouver City Library. The first place winner for the Grades 10-12 category was *Estefania Santos* in Grade 10 who wrote the short story "Yesterday A Girl Lightened Her Hair With Chamomile." First place for the Grade 7-9 category went to *Billy Park* in Grade 8 who wrote a short story titled "The Hidden Enemy."

This month we share with you "**The Hidden Enemy**" written by *Billy*. Enjoy!

"Heil, Hitler," I muttered as I entered the worn-down house on Glücklich Street. I was exhausted from the brutal workout we had to do today.

"*Wie war es*, Ben? How was it?" My mom asked, wiping her grimy hands on a towel.

"*Gut*, Mama." I replied. "Good." I stumbled into my room.

There was a Nazi flag on one of my peeling walls, next to a calendar that read "November 9, 1938", which I bought for 10 *Reichsmark*. A small black-and-white picture of my dad was perched on my desk. He was standing next to a plane in the photo, and although he looked exhausted, his eyes twinkled with undefeated cheerfulness. I missed him very much, ever since he was taken to Poland to fight for the Nazis last winter. We haven't heard from him since the letter he sent a month ago, but even those were becoming sporadic. Tears welled in my eyes and threatened to spill when I saw the picture, but I quickly wiped them away. *Your dad is fighting for a good cause*, I chided. *You should be proud*. Looking away guiltily, I collapsed on my moth-eaten bed. I didn't even bother taking off my Hitler Youth uniform.

Glücklich Street was a relatively poor neighborhood in Frankfurt, Germany. The houses were ancient, the shops were stagnant, but the streets were always bustling with activity: a group of kids playing soccer, the newspaper boy hollering, some adults chatting, and the sound of cats squabbling with dogs. I always loved walking down the street and just listening to what others had to say; it never failed to entertain and relax me. Glücklich Street always had a congenial atmosphere and everyone was friendly.

I didn't even remember falling asleep. The next thing I recall is a loud *CRASH* outside, followed by shouts and screams, followed by more crashes. I jolted awake, and the first thing I saw was the flag on my wall, illuminated by a feeble candle. The flag was a sea of red, punctuated with a white circle, as clear as the moon. Then there was the formidable, clockwise swastika. I had mixed feelings about the flag, and it felt like a one-way mirror with Hitler on the other side, watching me. The flag made me feel intimidated and small, as if it was saying, *you better follow the Führer's orders; or else, you'll be a disgrace to*

*Germany*. Even if the flag made me uncomfortable in my own home, I couldn't bring myself to take it down; that was considered disrespectful. Today, it had an ominous feeling.

Pulling my eyes dubiously away from the flag, I got up and peered through the dirty window. I couldn't see very well, partly because of the fingerprints and the cobwebs which were on the window, and partly because it was night. I got out of bed and ran outside to investigate the sound. What I saw made me freeze in my tracks.

There were multiple Nazi officials armed with hammers and weapons, smashing shop windows and plundering goods. To my horror, the local clothing store was on fire, and a few Nazi officials were beating a Jew on the ground. They were kicking and punching him mercilessly. It was total chaos. I could smell gunpowder used to set the conflagrations, and the ear-splitting sound of shattering glass and screams rang through the night.

Suddenly, a Nazi official spotted me watching from the shadows. He shouted and I tried to run, but my feet were glued. After seeing my stupid Hitler Youth uniform

which I forgot to change out of, he shouted, handed me a hammer, and pointed to one of the shops which was still miraculously intact. He must've mistaken me for another Nazi official!

"Sorry, this must be a misunderstanding-" I tried to protest, but he screamed in my face and shoved me. I gingerly stepped over some debris and made my way to the shop, cursing my uniform.

I looked back.

The Nazi was still watching me.

I raised the hammer...

But I couldn't bring myself.

I tried again.

I raised the hammer...

But I just couldn't do it.

Suddenly, another Nazi came up and -- glowering at me -- snatched the hammer. He raised the hammer and brought it down mercilessly. Glass shattered everywhere. I collapsed on the

ground, tears flowing from my eyes. Why did the Jews deserve this treatment? What's wrong with being a Jew? Just because they have a different religion doesn't mean that they should be treated differently!

I knew I was in trouble. After the Nazis were done plundering the shops, they would come for me; all because I hesitated. Even worse, they might hurt Mother! I had to hide.

I rose from the ground, and went inside the shop I was supposed to destroy. I stumbled in... and tripped over *someone*. I shrieked.

It was a man. His face was dirty, punctuated by a nasty, red gash across his forehead. His clothes were torn, and he was curled up in a ball. He was obviously a Jew. He peered at me, trembling, but all I noticed were his eyes. The eyes which shone, undefeated. The eyes of my dad.

Suddenly, we heard shouts outside, and a giant flame burst up in the store. They had set the place on fire!

We both collapsed on the ground as the fire spread all around us, licking our soles. The heat was intense, and the flames filled the shop with smoke. Suddenly, I did something unexpected. I grabbed the Jew's hand, and he grabbed mine.

He looked at me with those marvelous eyes and whispered, "Not all of us are evil."

I replied. "Same for us."

Yes, the Hidden Enemy was *them*, not the Jews. *They* were the ones who brainwashed us, spread false propaganda everywhere, and invented lies to make us believe *them*. *We're* the ones who can create a difference. *We* have to make sure history doesn't repeat. Forever.

## MR. MENDOZA'S ENGLISH 11 CLASS

### Nighthawks Subjective Description, by *Ayden Lum*

As he sat across from a couple, the man pulled his hat down lower to cover his face. Just seeing other people made him feel even lonelier. He took another drink of his beer as he tried to drown out the loss of his brother who'd gone to fight in the war. The pain in his chest grew as he remembered all the great things that they'd planned to do together; he wished that the war never happened. The eerie exterior of the diner seemed to suit his mood well. The darkness seemed so vast and unending, both in his mind and in the world around him. "Want a refill?" The waiter stood right in front of him, staring at him blankly. The lack of expression around him served to make the man feel even more lonely and increasingly isolated as the security and comfort he'd felt a few days before continued to ebb. "Yes. Two more please." He desperately hoped that his pain would disappear overnight.

Photo credit: The descriptive paragraph is based on the painting "Nighthawks" by Edward Hopper. It is on display at the Art Institute of Chicago, a highly recommended museum to check out.





## STA CAREER DAY

The 2021 STA Virtual Career Day connects students with individuals in a diverse selection of professions and industries, to guide and provide insight into possible career opportunities for all students in, with a focus on our senior Grades (10-12).

Details of this year's event include:

Date: 10 March from 10:00 - 10:30 am via GoogleMeets.

Format: Will include individual speakers, as well as some panels related to professions and industries that many students are interested in.

This year, we are partnering speakers who are already established in their careers, with some of our more recent grads who will discuss their university experience.

Please sign up to STA Connect

[www.staconnect.org](http://www.staconnect.org)

for more networking opportunities and to engage with our online STA Community!

To confirm your participation, please contact STA Career Education Leader, *Camille MacCuish* at:

[cmaccuish@aquinas.org](mailto:cmaccuish@aquinas.org).



## STA BariSTA CAFE

**STA** is the first organization in BC to receive the newest *Nespresso* machine as a result of City of North Vancouver grant for Youth Enhancement for its Evergreen Program. STA is teaming with *Nespresso Canada* for equipment and training. The Evergreen Program consists of students who are working to overcome individual challenges. They are developing knowledge, building confidence, and gaining pre-employment skills.

These students created a BariSTA Café three years ago to learn how to make and serve a variety of hot drinks for our teachers and staff. Our equipment is outdated so the grant from the City allows these students to learn independent living skills with state-of-the-art equipment as we help to prepare them for the working world. We are excited to be



the first organization in BC to receive the newest *Nespresso* coffee machine, and the fifth organization in Canada. This includes training by *Nespresso* for our students.

The students who operate the BariSTA Café serve coffee, lattes, espressos and cookies to 30 teachers and staff twice a week.

### ABOUT NESPRESSO

*Nestlé Nespresso S.A.*, trading as *Nespresso*, is an operating unit of the Nestlé Group, based in Lausanne, Switzerland. *Nespresso* machines brew espresso and coffee from coffee capsules. *Nespresso* is a premium price coffee, and by 2011 had annual sales in excess of 3 billion Swiss francs. The word *Nespresso* is a portmanteau of *Nestlé* and *Espresso*, a common mechanic used across other Nestlé brands.



## STA HOMEWORK CLUB

Students are reminded that Homework Club takes place after school, Monday to Friday, 3 pm—4 pm on the second floor, in the Learning Resource Centre. If you would like to be connected with a Peer tutor, contact Ms. Goodsell at:

[agoodsell@aquinas.org](mailto:agoodsell@aquinas.org)

Everyone is welcome to attend.

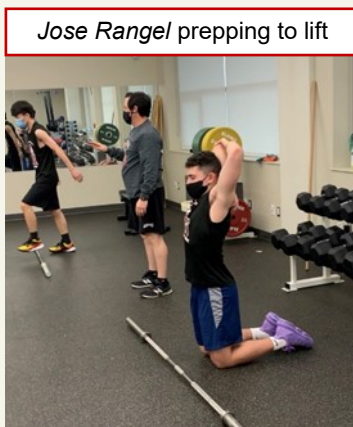


## FIGHTING SAINTS SPORTS ACADEMIES IN ACTION

The Fighting Saints Academies are in full swing with elite training taking place every day. Below are basketball and volleyball student-athletes honing their skills on the court, and strength training under the guidance of *Mr. Vachon* in our beautiful weight room. Also pictured below is the Head Coach of the Fighting Saints Sports Academy and former National Team player, *Ransford Brempong*. If you have any questions regarding the Fighting Saints Sports Academies please contact *Mr. Prescott* ([prescott@aquinas.org](mailto:prescott@aquinas.org)).



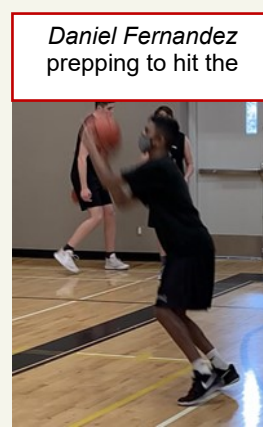
*Ransford Brempong*  
Head Coach of the  
Fighting Saints  
Basketball Academy



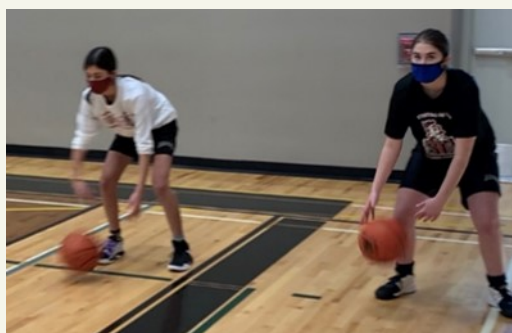
*Jose Rangel* prepping to lift



*Stephanie Kostamo*  
pounding one down



*Daniel Fernandez*  
prepping to hit the



*Sara Altamarino*  
and  
*Rebecca Bond*  
fine tuning  
their game

## FACE MASKS FOR NS SEARCH & RESCUE

Grade 12 STA student *Camden Hussey* was highlighted in the North Shore News with his recent promotion of his favourite search and rescue team. In keeping with the times he is selling face masks in order to raise money for North Shore Rescue. *Camden* has recently started selling a pair of two-layer personal protective equipment masks for \$15. The masks are emblazoned with a mountainous logo that reads "NSR Supporter," and include a disposable filter and adjustable ear loops.

It's a great way to raise money for North Shore Rescue. His goal is to raise \$4,000 for the volunteer rescue team by selling his face masks. When he was in Grade 10, he raised around \$2,300 by selling North Shore Rescue socks and less than a year after that, *Hussey* sold "NSR Supporter" toques with the help of six local breweries.





## STA REGISTRATION FOR NEW STUDENTS 2021-2022 SCHOOL YEAR

New students entering grade 8 in September as well as any new students entering grade 9-12 in September are invited to submit an application to the STA office. All forms and details are found on the STA website:

[www.aquinas.org](http://www.aquinas.org) under the ADMISSIONS tab.

Any questions can be directed to our registrar, *Ms. Christina Donovan* at: [cdonovan@aquinas.org](mailto:cdonovan@aquinas.org) or by calling the school office at: 604-987-4431.

## STA REGISTRATION FOR RETURNING STUDENTS 2021-2022 SCHOOL YEAR

Registration for returning students, grades 9—12 has begun. Registration letters were included with all student report cards. If you do not have your letter contact the school office immediately at 604-987-4431.

For Category 1 and Category 2 families, the first step in registration is to download the Pastor's Authorization Form from the on-line registration site, found on our STA website: [www.aquinas.org](http://www.aquinas.org), under the Parent Portal, click on the Registration icon. The login ID and password can be found on the registration letter mentioned above. Submit by email or have your student drop the Pastor's form to the STA office. We will submit and retrieve your Pastor form from your parish. Once your category is confirmed, your on-line registration will re-activated and you will be notified by email to go back on-line and complete your forms and submit your payment details.

All Category 3 families may complete their registration at:  
<https://register.aquinas.org/index.php/auth/login>

All families who complete their registration by Thursday, April 1 will qualify for the discounted registration fee. This requires updating all on-line information and submitting all registration, tuition and Parent Participation Program fees.

Visa students should contact Ms. Donovan, our registrar, at [cdonovan@aquinas.org](mailto:cdonovan@aquinas.org) to receive their re-enrollment information.



# STA Promotional Video

On February 3 and 4, film crews were at STA to film our promotional video. *Mr. Horton* orchestrated the event and professional film crews captured the video footage to montage the final product.

Students participated and as many aspects of school life were included that time permitted. Spot the classrooms, students and still photos and look to our website for the final project.

Thank you to all students and staff who participated, all the pre and post production work and particularly to *Mr. Horton* for his enthusiasm and organization of this project that brought it to fruition.



Photos courtesy of Mr. Tim Horton



## STA SKI CLUB

Unfortunately the STA ski program at Grouse Mountain has been cancelled this year. Students should come to the STA office to retrieve their paperwork and any payments they had submitted.

Contact Mrs. Sawdon at: [sawdon@aquinas.org](mailto:sawdon@aquinas.org) if you have any questions or concerns.

## *Alumni News*



### STA Grads

Natalie Sharp (Class of 2014) and Matthew Purkiss (Class of 2017) recently dropped music videos. Check them out!

[https://www.youtube.com/watch?v=z\\_dfDmtFvYU](https://www.youtube.com/watch?v=z_dfDmtFvYU)

<https://www.youtube.com/watch?v=CDfgktUnVCo>

## *Community News*

### VANCOUVER SUN FUN RUN

**REGISTRATION DEADLINE IS MARCH 19!**

Register at: <https://register.vancouversunrun.com/#!/events/2021-virtual-sun-run>

Select: [Join an Existing Team](#)

In the <Search Teams> field, type in: [STA](#)

Various teams will load, click on the <[STA Youth Team Challenge](#)>

Fill in all your details, pay the \$35 registration fee and you are done.

Contact Mr. Domina at [tdomina@aquinas.org](mailto:tdomina@aquinas.org) for more details.



## STA PARENT ASSOCIATION MEETINGS

Check the STA on-line calendar for the next meeting date.

All meetings are at 9:15 am via Zoom

Join Zoom meeting at:

<https://us04web.zoom.us/j/2396177748?pwd=ZjhadGhUWlJpcXRnQ1NXMkRlSjRsdz09>

Meeting ID: **239 617 7748**

Passcode: **stapa**



*All parents and guardians are invited to attend.*

*Parent association can be contacted by email at:*

[Sta.pa@aquinas.org](mailto:Sta.pa@aquinas.org)

## STA Talks!



**STA Alumni Board  
&  
Parent Association**  
present:

**GROWING YOUR OWN FOOD**

*Dr. Carole Christopher*  
Society Promoting Environmental Conservation  
April 26, 2021  
7:00 pm

**A**re you conscious about what you eat? *Dr. Carole* will guide us through the connection between what we eat and our physical well-being. In a society where we are overfed but undernourished, she will identify the role of our food supply in significant chronic health. With that background, she will explore good gardening practices for growing some of our own food, which can lead to better food selection and the need to radically rethink our eating choices and habits.

Students are encouraged to attend.

*Link to the webinar will be sent out by email on the day of the event.*

## STA Newsletter Subscriptions

Please notify the office ( 604-987-4431 or [office@aquinas.org](mailto:office@aquinas.org)) if you move or change your e-mail address.