

Navigating Life Together: high school and beyond

Marriage & Family Resources

Quiz:

Love Language Online Quiz

<https://www.5lovelanguages.com/quizzes/love-language>

Marriage Enrichment

Worldwide Marriage Encounter – Vancouver virtual: Oct 28-30, 2022

<https://wwme.org>

Alpha Marriage Course at Christ the Redeemer parish: starts March 28, 2022

<https://www.ctrwestvan.ca/marriage-course>

Books

5 Love Languages, Gary Chapman

7 Principles for Making Marriage Work, Dr John Gottman

Websites

- foryourmarriage.org
- <https://www.focusonthefamily.ca/>
- <https://beholdvancouver.org/resources/when-god-didnt-take-away-my-son-s-anxiety>

Counseling

<https://beholdvancouver.org/services/counselling>

Young Adults : Healthy Relationships series

Contact

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