



POLAR
EXPRESSIONS
PUBLISHING

PO Box 500 Stn Main
Maple Ridge BC V2X 3P2
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E-mail: polarexpressions@shaw.ca
Web: www.polarexpressions.ca

100% Canadian

STUDENT ENTRY FORM (FOR ENTRIES BEING MAILED)

Please complete this form, including school information, and place it in front of your entry!
Each student may submit one poem and one short story only.

Student Information (please print neatly):

First Name _____

Middle Name or Initial _____

Last Name _____

Grade (Kindergarten-12) _____

Mailing Information (for Canada Post, not email – remember to include PO Box, rural route, or apartment number if needed):

Mailing Address _____

City _____ Province _____

Postal Code _____ Phone _____

Title of Entry: _____

☐ Poem: # of lines (max. 32) _____

☐ Story: # of words (max. 450) _____

Your entry will be disqualified if found to be over these limits.

School Information (required, even if entering on your own):

Teacher _____

School _____

Address _____

City _____ Province _____

Postal Code _____ Phone _____

NO essays, non-fiction, or fanfiction. Creative fiction only. Excerpts from longer pieces and co-written entries are discouraged but will be considered. Character names and story lines must be original and fictional (for example, you may not use Spider-Man, Pokémon, Donald Trump, etc., and you shouldn't use the names of your people you know, including family/friends, without their permission). Work should not be posted online or previously/simultaneously submitted to another contest. All work will be checked for plagiarism. Be certain to use quotation marks and note the source in your work when using another writer's words (proper citation required). Credit as necessary below your poem/story title if your piece was inspired by another poem, story, video game, song, TV show, movie, etc. Please visit our [Plagiarism/FAQs](#) website page.

Additional Comments (special needs, ESL, etc.): _____

E-mail _____

☐ Yes, I would like to be added to your mailing list to be notified regarding contest results and upcoming contests.

***Privacy Policy:** Your privacy is important to us. The information provided here will be used solely for the purpose of this contest (i.e. to notify participants regarding contest results and the ensuing publication). No information will be sold or distributed.

ABOUT THE AUTHOR

Please write a short paragraph (approx. 30-60 words) about yourself in the third person (Example: "Susan J. Thomas enjoys writing, baking cookies, and playing soccer. Her favourite book is *The Hunger Games*, Sue hopes to become an author when she grows up. She loves her wonderful family and kitten."). You may wish to include activities/sports you enjoy, interests/hobbies, favourites (books, colours, foods, classes, etc.), goals, special talents, places you have travelled, etc. Please print as clearly as possible. If you are selected for publication, this information will appear in the "about the author" section of the anthology.

Turn page over for more information →

Poetry deadline: November 21, 2022!
Short-story deadline: November 28, 2022!



17th ANNUAL NATIONAL STUDENT POETRY AND SHORT-STORY CONTEST INFORMATION

PO Box 500 Stn Main
Maple Ridge BC V2X 3P2
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RULES:

- Please visit our **Plagiarism/FAQs** website page. All work must be **original** and will be checked for plagiarism. Peer editing (same age or younger), typing for younger students, and any corrections needed for legibility is permitted. No other editing should be done by older siblings/parents/teachers, etc. We expect to see errors.
- Entries should be typed without graphics using an 11-pt to 12-pt **plain black font** (Arial, Times, etc.) on 8.5" x 11" white paper.
- Entries should *not have been previously published* (including online postings).
- No simultaneous submissions. Please *do not submit the same entry to another contest or magazine for publication*.
- Poems must be **32 lines or less**. Short stories must be **450 words or less**.
- Each student *may submit one poem and/or one short story only*.
- Students may participate *with their school or on their own*, but a teacher contact and school information is still required. We recommend you tell your teacher to expect mail from us in early to mid-February 2023 (so it doesn't get discarded as junk mail).
- **All entries must be accompanied by an entry form/reasonable facsimile or submitted through our email form.**
- Any topic is welcome, though the reading audience (the student's peers) should be considered.
- Please *retain a copy of work entered* as it will not be returned once it is submitted.
- Poetry entries must be mailed (postmarked) or emailed on or before **November 21, 2022**. Short-story entries must be mailed (postmarked) or emailed on or before **November 28, 2022**.
- Entries may be submitted through our online form: <http://polarexpressions.ca/SubmitEntryOnline.html> (preferred) or by regular mail to Polar Expressions Publishing, PO Box 500 Stn Main, Maple Ridge BC V2X 3P2. If sending entries by mail, please include a completed copy of this entry form or a reasonable typed facsimile before each poem or story.
- *ESL and special-needs students* are always encouraged to participate. Tell us in the "additional comments" section of the entry form to be given special consideration.

PRIZES:

- Over **\$9,000** in books and cash prizes will be awarded in June 2023 when the completed books are released!
- There will be **\$600** in bonus prizes for participating schools, selected through a random draw, for each contest. Schools will receive *one bonus entry for each complete and original student entry*.
- Approximately **33-45%** of entries will be offered publication in a professionally printed and bound keepsake collection. This is an opportunity for students to receive recognition, relate to peers, and capture a moment in time.
- **Students who make it through the first round** will be mailed a *certificate of achievement*, a *letter of acceptance*, and an *author's release* to their home address (it's important to provide accurate mailing information). **If they return the author's release with a parent/guardian's permission signature by the date in the above-mentioned letter**, their entry will then be typeset, and they will be published and move forward to the final round of competition to possibly win one of the merit-based prizes listed below.
- All first-, second-, and third-prize winners receive a free copy of the anthology and an *award certificate* with their prize. Their school will receive a matching prize.
- Schools that submit at least five complete entries to one contest or have a prize-winning student will automatically receive one complimentary copy of any collection containing their students' work for their library (we deduct plagiarized entries and students offered publication who don't return permission, thereby withdrawing from the contest).
- *All who enter receive a bookmark gift for participating*. There are no losers!
- Educators will be sent a letter in late January/early February regarding their students' first-round results.

Bonus Prizes for Contests:

First Prize – School

\$300

Second Prize – School

\$200

Third Prize – School

\$100

Merit Prizes for Contests:

First Prize

Second Prize

Third Prize

| | Student | School | Student | School | Student | School |
|--------------|---------|--------|---------|--------|---------|--------|
| Kindergarten | \$ 60 | \$ 60 | \$ 40 | \$ 40 | \$ 20 | \$ 20 |
| Grade One | \$ 60 | \$ 60 | \$ 40 | \$ 40 | \$ 20 | \$ 20 |
| Grade Two | \$ 60 | \$ 60 | \$ 40 | \$ 40 | \$ 20 | \$ 20 |
| Grade Three | \$ 60 | \$ 60 | \$ 40 | \$ 40 | \$ 20 | \$ 20 |
| Grade Four | \$ 60 | \$ 60 | \$ 40 | \$ 40 | \$ 20 | \$ 20 |
| Grade Five | \$ 80 | \$ 80 | \$ 50 | \$ 50 | \$ 25 | \$ 25 |
| Grade Six | \$ 80 | \$ 80 | \$ 50 | \$ 50 | \$ 25 | \$ 25 |
| Grade Seven | \$ 80 | \$ 80 | \$ 50 | \$ 50 | \$ 25 | \$ 25 |
| Grade Eight | \$ 80 | \$ 80 | \$ 50 | \$ 50 | \$ 25 | \$ 25 |
| Grade Nine | \$ 100 | \$ 100 | \$ 60 | \$ 60 | \$ 30 | \$ 30 |
| Grade Ten | \$ 100 | \$ 100 | \$ 60 | \$ 60 | \$ 30 | \$ 30 |
| Grade Eleven | \$ 100 | \$ 100 | \$ 60 | \$ 60 | \$ 30 | \$ 30 |
| Grade Twelve | \$ 100 | \$ 100 | \$ 60 | \$ 60 | \$ 30 | \$ 30 |

Thank you in advance for participating!
Polar Expressions Publishing

Turn page over for entry form →

Win cash, get published, and receive national recognition!

DO YOU LOVE TO WRITE? WANT THE CHANCE TO BE PUBLISHED?



WE ARE PLEASED TO ANNOUNCE OUR **17TH** ANNUAL STUDENT WRITING CONTESTS

2022/2023 NATIONAL K-12 STUDENT POETRY AND SHORT-STORY CONTESTS

NO ENTRY FEES!

BOOKS AND CASH PRIZES TO BE WON!

Deadlines: Poems (32-line max.): November 21, 2022

Short Stories (450-word max.): November 28, 2022

Other rules: All work must be original and within line/word limits (above). One poem and/or one story per entrant. NO essays, nonfiction, or fanfiction. Creative fiction only. Peer editing (same age or younger) is allowed. Entrants must live and attend school in Canada.

Visit our website for all the details.

**FOR
STUDENTS IN
KINDERGARTEN
THROUGH
GRADE
TWELVE**

**PLEASE
VISIT OUR
WEBSITE
TO ENTER
ONLINE OR
DOWNLOAD AN ENTRY
FORM TO MAIL IN.**

**BOOKS
AND
CASH PRIZES
WILL BE
AWARDED
TO
STUDENTS
AND SCHOOLS**

**ALL
ENTRANTS
RECEIVE A
BOOKMARK
GIFT.
THERE ARE
NO LOSERS!**

**VISIT
OUR WEBSITE
TO READ
PAST WINNING
ENTRIES AND
TESTIMONIALS**

SUBMIT ENTRIES

ONLINE (PREFERRED)

WEB: <http://polarexpressions.ca/SubmitEntryOnline.html>

POEM: <https://form.jotform.com/22193553901254>

STORY: <https://form.jotform.com/221947180643256>

OR BY REGULAR MAIL (BE SURE TO INCLUDE AN ENTRY FORM OR REASONABLE FACSIMILE)

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PO BOX 500 STN MAIN

MAPLE RIDGE BC V2X 3P2

PLEASE VISIT OUR WEBSITE [WWW.POLAREXPRESSIONS.CA](http://www.polarexpressions.ca) FOR MORE INFORMATION

POETRY CONTEST

First Prize

| | |
|--------------|---|
| Kindergarten | Frankie Pacifico, Park Public School (ON) |
| Grade One | Ellis Routcliffe, Park Public School (ON) |
| Grade Two | Zara Gaviria, Sunshine Hills Elementary School (BC) |
| Grade Three | Keira Verbonac, Shellbrook Elementary School (SK) |
| Grade Four | Jin Sagong, Lord Tennyson Elementary School (BC) |
| Grade Five | Aylie Gagliese and Adelyn Howell, Chester Elem. School (ON) |
| Grade Six | Beckett Zavitz Hayes, Kitchener Area Enrichment Prog. (ON) |
| Grade Seven | Mythili Panicker, Charles R. Beaudoin Public School (ON) |
| Grade Eight | Alyssa Whitfield, Willowbrook Public School (ON) |
| Grade Nine | Gianna MacFarlane, Meadowlark Christian School (AB) |
| Grade Ten | Damian Gonneville, CDC Lachute (QC) |
| Grade Eleven | Sarah Offor, Agincourt Collegiate Institute (ON) |
| Grade Twelve | Rhianna Buck, Waterloo-Oxford District Sec. School (ON) |

Second Prize

| | |
|--------------|---|
| Kindergarten | Adalynn Stoyles, Park Public School (ON) |
| Grade One | Arielle Chan-Kim, Sidney Ledson Institute (ON) |
| Grade Two | Audie Armstrong, Park Public School (ON) |
| Grade Three | Abigail Postma, Calvin Christian School (ON) |
| Grade Four | Sahara Ludu, Coyote Creek Elementary School (BC) |
| Grade Five | Luc Hung, Mary, Mother of God School (ON) |
| Grade Six | Sydney Sharples, Elmdale Public School (ON) |
| Grade Seven | Taryn Morrison, Cent. scol. sec. com. Paul-Émile Mercier (YT) |
| Grade Eight | Rachel Yang, Southridge School (BC) |
| Grade Nine | Ari N. Bhaskar, Unionville High School (ON) |
| Grade Ten | Joel Loeffler, Robert Thirsk High School (AB) |
| Grade Eleven | Kainsley Swampy, Sagkeeng Anicinabe High School (MB) |
| Grade Twelve | Anna Cook, King's View Academy (NS) |

Third Prize

| | |
|--------------|---|
| Kindergarten | Amelia Archdekin, Park Public School (ON) |
| Grade One | Zoe Rayshee Lin, Central Montessori School (ON) |
| Grade Two | Nicole Ngai, Trillium School (ON) |
| Grade Three | Teionichtathe Lahache, Indian Way School (QC) |
| Grade Four | Angelina Lo, Fresh Minds Academy (BC) |
| Grade Five | Olivia Liu, Pinetree Way Elementary School (BC) |
| Grade Six | Emily Qian, Southpointe Academy (BC) |
| Grade Seven | Sarah Jakob, Waterloo Area Enrichment Program (ON) |
| Grade Eight | Rachel Malus, Académie Ste. Cécile International (ON) |
| Grade Nine | Alaina Robert, Collège Louis-Riel (MB) |
| Grade Ten | Diane Lee, Burnaby Mountain Secondary School (BC) |
| Grade Eleven | Hestia Schwartzenhauer, Walkerville Collegiate Institute (ON) |
| Grade Twelve | Brooke Adkins, Albert E. Peacock Collegiate (SK) |

Bonus Prizes for Schools

| | |
|--------------|--|
| First Prize | Kitchener Area Enrichment Program (ON) |
| Second Prize | Waterloo Area Enrichment Program (ON) |
| Third Prize | Villa Sainte-Marcelline (QC) |

SHORT-STORY CONTEST

First Prize

| | |
|--------------|---|
| Kindergarten | Adelaide Martin, Sidney Ledson Institute (ON) |
| Grade One | Nicholas Wong, Markham Montessori School (ON) |
| Grade Two | Juliana Jacobsohn, Holy Cross Elementary School (BC) |
| Grade Three | Jiayan (Thomas) Liu, Brain Power Enrichment Program (ON) |
| Grade Four | Angelina Lo, Fresh Minds Academy (BC) |
| Grade Five | Leah Butler, Riverside Elementary School (NL) |
| Grade Six | Emily Fleming, Living and Learning School (BC) |
| Grade Seven | Rachel Hesom, Emerado Centennial School (MB) |
| Grade Eight | Jonathan Safaris, Lycée international de Calgary (AB) |
| Grade Nine | Serena Cooper, Louis Riel School (AB) |
| Grade Ten | Kabir Hundal, University Hill Secondary School (BC) |
| Grade Eleven | Joanne Lang, Richmond Green Secondary School (ON) |
| Grade Twelve | Samantha Batte, Holy Cross Catholic Secondary School (ON) |

Second Prize

| | |
|--------------|---|
| Kindergarten | Mwine Ahimbisibwe, St. Augustine Cath. Elem. School (ON) |
| Grade One | Zachary Shyr, Agincourt Junior Public School (ON) |
| Grade Two | Tyler Brissenden, New Dundee Public School (ON) |
| Grade Three | Michaela Caithness, Hawthorn Public School (ON) |
| Grade Four | Ryan Zander, Kingsway College School (ON) |
| Grade Five | Danika Hill, Altadore School (AB) |
| Grade Six | Hayley Kwok, Sir Wilfrid Laurier Elementary School (BC) |
| Grade Seven | Gavin McAlpine, Northmount School for Boys (ON) |
| Grade Eight | Lily Baty, Kitchener Area Enrichment Program (ON) |
| Grade Nine | Sophia Xu, Oakville Trafalgar High School (ON) |
| Grade Ten | Kira Hawthorne, Pacific School of Innovation and Inquiry (BC) |
| Grade Eleven | Kyra Brown, École sec. Mark R. Isfeld Sec. School (BC) |
| Grade Twelve | Emanuel Puscoi, Westmount Charter School (AB) |

Third Prize

| | |
|--------------|---|
| Kindergarten | Maxan Wilson, Park Public School (ON) |
| Grade One | Elliott Aspinall, Lakeshore Discovery School (ON) |
| Grade Two | Ellie Hong, Seneca Hill Private School (ON) |
| Grade Three | Isabelle Fagnou, Lycée international de Calgary (AB) |
| Grade Four | Jacob Gaochen, St. Michael's Choir School (ON) |
| Grade Five | Abbie Boyle, St. James School (BC) |
| Grade Six | Rania Naeem, Hawthorn Public School (ON) |
| Grade Seven | Ava Fan, Olympiads School (ON) |
| Grade Eight | Nevaeh Corbett Nelson, Holy Angels Catholic School (ON) |
| Grade Nine | Owen Podetz, St. Martin de Porres High School (AB) |
| Grade Ten | Meixuan Fan, Our Lady Queen of the World Cath. Acad. (ON) |
| Grade Eleven | Sam Lazure, Lo-Ellen Park Secondary School (ON) |
| Grade Twelve | Serena Davis, Tantramar Regional High School (NB) |

Bonus Prizes for Schools

| | |
|--------------|--|
| First Prize | Michael A. Kostek Elementary School (AB) |
| Second Prize | Northmount School for Boys (ON) |
| Third Prize | Bannockburn School (ON) |

Congratulations and thank you for sharing your outstanding writing this year!

This is a list of final prize winners for each grade only. All contributors are listed in the index of each collection.

These magnificent collections featuring the above-listed prize winners and many other excellent student writers are still available. Please visit our website to purchase.



Jungle Fun

Poetry, Grades K-4



The Guide

Poetry, Grades 5-6



Spots

Poetry, Grades 7-8



Inner Space

Poetry, Grades 9-12



Tree Life

Stories, Grades K-4



Into the Deep

Stories, Grades 5-6



Ancient Ways

Stories, Grades 7-8



Aftermath

Stories, Grades 9-12