

ST.THOMAS AQUINAS REGIONAL SECONDARY SCHOOL

FAITH | COMMUNITY | EXCELLENCE

SERVICE HOURS INFORMATION & VERIFICATION

The STA Service Program is an opportunity for students to be SAINTS within our community. This program is a requirement of our curricula. We want our students to give of their time and engage in opportunities that utilize their talents, interests and skills. It enables students to practice the values which integrated into all aspects of learning and life at the school.

What does it mean to be a **STA SAINT**?

RESPECT Our actions demonstrate that we value, and care for our school and every

individual.

PERSEVERANCE We always strive to work hard, do our best, and never give up.

RESPONSIBILITY We recognize that our actions affect ourselves and others, and that we all have

a role in building a positive and safe school environment.

COMMUNITY We work together. We are Aquinas.

FAI**T**H Our Catholic faith permeates all that we do and who we are.

Note: Faculty/Administration will review all activities to ensure they reflect the philosophy of the Service Program.

ACTIVITIES APPROVED FOR SERVICE HOURS	ACTIVITIES NOT APPROVED FOR SERVICE HOURS
School Opportunities	* Babysitting
 ✓ International Night ✓ Craft Fair ✓ Peer Tutoring ✓ Running a school club ✓ Event setup/take down ✓ Sound Crew Events ✓ Baking (events) ✓ Door is Open Parish Opportunities ✓ Parish Events ✓ Altar Serving ✓ Singing in Choir ✓ Prep Teaching ✓ Youth Ministry Leader 	 Dog walking Household Chores Any paid work School required participation (No double dipping for other course requirements e.g., PHE and Career Education) Working for family business (paid)
Community Opportunities ✓ Coaching ✓ Festival & Community Events – e.g., Terry Fox Run, CoHo Run ✓ Summer Camp Volunteering	

STA SERVICE HOURS VERIFICATION

Student Name:			Career Advisory Teacher:				
Verifier Name & Contact Details		Date of Activity (D/M/Y)		Number of Hours	Signature of Verifier		
(Please print full name)		_					
Email: Phone:		-					
				-	he student in relation to STA S the completion of service hou		
Emerging	Developing		Proficient		Extending		
The student demonstrated a basic understanding of the STA Saint values		demonstrated a partial Inderstanding of the STA		tudent demonstrated nplete understanding STA Saint values.			
Student Description of S	Service Activity (Required)					
Student Reflections (Re	quired) Explain h	ow this exper	rience h	nelps you to live the S	TA SAINT values		