



**ST. THOMAS AQUINAS
REGIONAL SECONDARY SCHOOL**
FAITH | COMMUNITY | EXCELLENCE

STA At-a-Glance

Week 7: October 10 - October 17

For more details about our upcoming events, please click on our School Calendar [here](#)



STA Teams win Silver at the BC Catholics

The STA Sr Soccer and the Jr Girls Volleyball teams won the silver medal at the BC Catholic Championships.

At the Vancouver Island University Volleyball tournament, the Junior Girls won the gold. Well done Saints!



STA Class Photos and Re-takes

Class photos will be taken for each grade. Please come to school in full uniform. Students who missed having their individual photo taken or wish to have their



STA Men's Hostel Ministry

Students can earn Service Hours and provide for those in need by preparing food donations to the Vancouver Men's Shelter. Drop off 12 baked goods or 12 sandwiches (individually

photo re-taken will also have the opportunity to do so on this day.

Details

Wednesday, October 18

wrapped) to the [STA Campus Ministry office](#) and log your service hours.

In addition this month, the shelter is in need of small take-out packages of ketchup or hot sauce. No service hours are provided for those donations, but they would be greatly appreciated!

October Details

Thursday, October 12, 19 & Friday, October 27
8:00 - 9:00 am
Campus Ministry Office



STA Talks - Post-Secondary Admissions and Influencing Factors

Melinda Giampietro is the founder of Options Solutions Educational Consultants. She will share with us the state of post-secondary admission and the factors influencing the 2023 cycle. This seminar will focus on what we DO know and what we CAN do to help students prepare and strategize for the next few years. The discussion will explore academic and extra-curricular requirements and how students can differentiate themselves in an authentic way. Students are encouraged to attend with their parents, and will receive volunteer hours for participating.

Details

Wednesday, October 18
7:00 - 8:00 pm



Thank you for your Annual Fund Walkathon Support!

Thank you to parents, friends and extended family members for donating to this year's Giving & Gratitude Annual Fund Walkathon. Special thanks to the Parent Association for their organization of the post-walk BBQ . Kudos to Mr. Mac and Mr. Appleton for their bravery in participating in the dunk tank! All final donations towards the Walkathon are requested by October 13. Click on the [link](#) to submit any final donations. All gifts are received with gratitude.



Mid-Autumn Festival / Chukeok

We would like to extend a heartfelt thank you to the parents and students who made and organized treats for Mid-Autumn Festival at our school last week.

Korean Community, who organizing and distributed snacks:

Eunhee Park Yu Chung Choi

Chinese Community for their donation:

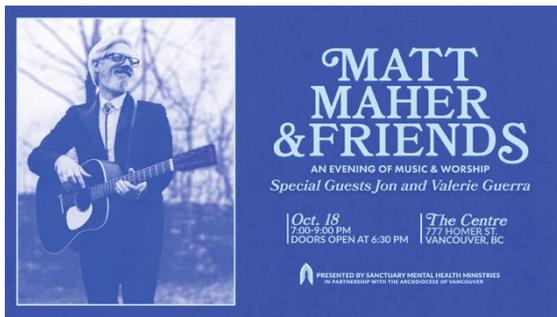
Parents:

Deqing Ning	Helen Yang	Sharon Xu
Grace Li	Wendy Yu	Bin Zhu
Vivien Wei	Lilian Zeng	Haiyan Wang

Ling Zhu Emily Zhao

STA Students:

Fallow Feng	Marcus Chung	
Solbi Ahn	Jessica Yao	Yu Yu Li



Matt Maher Concert

Enjoy an evening of music and worship with Grammy-nominated artist Matt Maher and special guests Jon and Valerie Guerra, on Wednesday October 18th. Use the code STUDENT5 for five dollars off the tickets. Tickets available [here](#).



STA Cafeteria

Breakfast and lunch is available at the STA School Cafeteria every day! All food is prepared daily, with a selection of daily menu items and daily specials. The weekly specials for **October 16 - 19** are:

Monday ~ pizza
 Tuesday ~ beef dip; soft beef taco
 Wednesday ~ lasagna
 Thursday ~ chicken strips & fries; Sir Thom burger

Cash, debit, credit card and STA gift cards accepted. *Menu items subject to availability.*