



# ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL

FAITH | COMMUNITY | EXCELLENCE

## STA At-a-Glance

April 9 - April 16

For more details about our upcoming events, please click on our School Calendar [here](#)

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## Greater Vancouver Regional Gr. 8 Science Fair Results

This weekend three of our Grade 8 students competed at the Greater Vancouver Regional Science Fair at UBC. Congratulations to Charlie G, who placed silver and also won the Science World Award for Creativity, Massimo L, who placed bronze, and Annika S, who received an honourable mention.

Charlie's trophy will be on display in our trophy case until June.



### STA Talks Screenagers Next Chapter

Millions of young people experience high stress, anxiety, and depression.

In **Screenagers Next Chapter: Addressing Mental Health in the Digital**, we follow physician and filmmaker Delaney Ruston as she discovers solutions for improved adolescent stress, anxiety, and depression in the digital age. Students will receive one-hour of volunteer time for attending.

#### Details

Date: Wednesday, April 10

Time: 7:00 - 8:15 pm

Where: Auxiliary Gym



### STA Men's Hostel Ministry

Students can earn Service Hours and provide for those in need by preparing food donations to the Vancouver Men's Shelter. Drop off 12 baked goods or 12 sandwiches (individually wrapped) to the STA Campus Ministry office and log your service hours.

#### April Details

Dates: Thursday 11, 18 & Friday 26

Time: 8:00 - 9:00 am

Where: Campus Ministry Office



### Earn Volunteer Hours for STA Upcoming Events

There are several opportunities to earn volunteer hours as STA has many [upcoming events](#). Parents are needed to assist with set up, serve, clean up and decoration. If you are able to help us, please sign up on [parent participation portal](#) or contact [sta.pa@aquinas.org](mailto:sta.pa@aquinas.org).



### Late Arrival & Absence from School

With the end of the school year approaching and new activities starting, the office has noticed many late and absences are not getting reported.

***This a gentle reminder for parents to email the school if their child will be late or absent from school.***

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### Noon Dismissal High School Musical Spirit Day

The theme of the spirit day is [High School Musical](#). Students are encouraged to wear red and white. **School will be dismissed at noon.**

#### Details

Date: Wednesday, April 17 at 1:00 pm  
Where: STA Gym

Please note the following for this day:

- We hope all students will attend the matinee to support the cast and crew. **Seating is on a first-come, first-served basis.** The musical takes place in the STA Gym.
- Students do NOT need to purchase a ticket to the Wednesday matinee. Instead, a \$5 donation at the door for Spirit Day is requested. Cash and credit will be accepted. *Purchases to other performance dates can be made [here](#).*
- Students not planning to attend the performance are required to leave the school premises at noon.



### Parent Volunteers Needed for the Dry Grad Event

Parent chaperones are urgently needed for the 2024 Dry Grad Event. **Grade 11 Parents - this is a great way for you to see what you can**



### Spring Plant Sale

Spring is here! The STA Parent Association is once again selling a beautiful selection of spring plants, hanging flower baskets, herbs, veggies, succulents and more. Click [here](#) to make your purchase today.

#### Details

Deadline: Tuesday, April 23 at midnight  
Pick up: Wednesday, May 8 & Thursday, May 9



### Grandparents Tea

[STA's Grandparents Tea](#) is open to all Grandparents and Grandfriends. Up to four (4)

**expect for your children whom are graduating next year, however *this is open for parents at all grade levels.***

June 23 from 10:30 pm - 12:30 am –  
Decorations and setting up Cineplex Park  
Royal (8 people)

June 24 from 12:30 - 2:30 am – check in, prize  
table/casino area, and chaperone (10 people)

June 24 from 2:30 - 4:30 am Chaperones,  
prize table/casino area, and check out (10  
people)

If you are able to volunteer, contact Mili  
Delgado at [milagroshaviles  
@hotmail.com](mailto:milagroshaviles@hotmail.com). Thank you for your help!

grandparents OR two (2) grandfriends may be  
invited and registered by students. The  
registration link and further details can be  
found [here](#).

#### **Details**

Wednesday, May 8

Arrival: 9:45 am

Morning tea: 10:00 am

School tour and/or departure: 11:30 am

Register by Thursday, May 3



### **STA Campus Ministry's International Night Friday, May 31**

[International Night](#) is a tradition that brings the  
whole school community together to celebrate  
and share our many cultures!

**To make this happen, we need your  
help!** STA relies entirely on parental  
involvement. As in previous years, we are  
hoping to host 12 - 15 national tables  
decorated with cultural artifacts and serving  
national food.

We are looking for people to organize country  
tables, which includes contacting STA families  
for your nation, providing food, and serving  
food on the night itself. You will receive PPP  
Hours for organizing a table.

**We currently have tables for: Chile, Peru,  
Venezuela, Korea, and the USA.**

If you are not able to organize a table, but  
would like to help by making food or serving,



### **STA Cafeteria**

Breakfast and lunch is available at the STA  
School Cafeteria every day! All food is  
prepared daily, with a selection of daily menu  
items and daily specials. The weekly specials  
for **April 15 - April 19** are:

**Monday** ~ pizza, chicken strips & fries

**Tuesday** ~ soft beef taco; turkey potpie & fries

**Wednesday** ~ NO LUNCH (early dismissal)

**Thursday** ~ Sir Thom burger, sweet & sour  
pork & rice

**Friday** ~ pasta & garlic bread; perogies with  
bacon and onions, fish & chip, and grilled  
cheese sandwiches

Cash, debit, credit card and STA gift cards  
accepted. Menu items subject to availability.

we can put you in touch with the coordinator for your nation, if there is one.

Please email Ms. E. Hughes at [ehughes@aquinas.org](mailto:ehughes@aquinas.org) if you are interested or would like more information.