



ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL

FAITH | COMMUNITY | EXCELLENCE

STA At-a-Glance

Week 27: March 26 - April 2

For more details about our upcoming events, please click on our School Calendar [here](#)



STA Philippines Encounter

Over Spring Break, 20 of our Grade 11 and 12 students had the opportunity to attend STA's 4th Philippines Encounter. The core of their trip was an immersion into the different ministries of four religious congregations. The students were able to witness the extensive works of the Salesians for underprivileged youth, the Sisters of Our Lady of Sorrows gave them an opportunity to experience the wisdom of the elderly, while the Missionaries of Charity allowed the students to spend some time with orphan babies. Lastly, the Mary Queen of Heaven Missionaries presented the challenging work of serving and saving girls from the dangers of exploitation. The goal of the entire trip was to open the eyes and minds of our students to the harsh yet beautiful realities of the world.

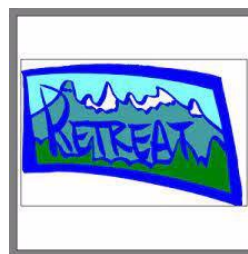


Easter Break

A reminder that school will be closed for the Easter Break. School will resume on Tuesday, April 2 on a Day 2 regular schedule. *STA staff wish all our STA families a peaceful and blessed Easter.*

Details

Closed: Friday, March 29 - Monday, April 1



Grade 12 Retreat

The Gr. 12 retreat will be held at Camp Stillwood. **Students who have jobs are reminded to book those dates off as the camp is just one month away.**

When: Wednesday, May 1 - Friday, May 3

Twin Day



Twin Themed Spirit Day

Students can come dressed as twins in exchange for a canned good or \$2+. Collections will be taken during the first block and all proceeds go to the STA Campus Ministry. For those students who do not participate, full school uniform is required.

Details

Wednesday, March 27



Parent & Student Course Selection Night

An information night for parents and students will be held to assist with course selection for the 2024-2025 school year.

Tuesday, March 26: Gr. 10 students entering Gr. 11

Wednesday, March 27: Gr. 11 students entering Gr. 12

Time: 7:00 - 8:00 pm

Where: Gymnasium.



Parent Association Monthly Meeting

The STA PA welcomes new and returning parents.

Details

Date: Thursday, March 28 at 8:45am



North Shore Pro-Life Mass

The Archdiocesan monthly Pro-life Mass will be celebrated with Father Larry Lynn, Pro-life Chaplain.

Details

When: Saturday, April 6

Where: Alumni Room, 4th Floor
RSVP [Paola](#) if you will be able to attend

Where: Holy Trinity Parish, 2725 Lonsdale Ave, North Vancouver
Time: 8:30am
Reception: Refreshments in the Church Hall after Mass



STA Talks Screenagers Next Chapter

Millions of young people experience high stress, anxiety, and depression. In **Screenagers Next Chapter: Addressing Mental Health in the Digital**, we follow physician and filmmaker Delaney Ruston as she discovers solutions for improved adolescent stress, anxiety, and depression in the digital age. Students will receive one-hour of volunteer time for attending.

Details

Date: Wednesday, April 10
Time: 7:00 - 8:15 pm with post discussion led by Mr. Krol
Where: Auxiliary Gym



STA's Production of High School Musical

- Join us for an evening of fun as you tap your feet to the musical performance of Disney's High School Musical.
- Matinee and evening performances run from 17-19 April in the school gym
- Purchase your tickets today to support the cast and crew
- Link is [here](#)



Alumni in the News

Congratulations to entrepreneurial powerhouse and STA alumnae, Gabby Mustapich '13, on her recognition as one of *BCBusiness* magazine's Top 30 Under 30. Her company, Pilothouse Brands, continues its phenomenal growth with the success of Hardpops in the competitive U.S. market. What's next? Keep an eye out for her latest venture, 1983. Read the full article [here](#).



Seamstress Expertise

- Some alterations need to be done to the costumes for HSM
- If you can assist with this, please email Rebecca Kostamo at rkostamo@aquinas.org
- Volunteer hours will be provided



Parent Volunteers Needed for the Dry Grad Event

Parent chaperones are urgently needed for the 2024 Dry Grad Event. **Grade 11 Parents - this is a great way for you to see what you can expect for your children whom are graduating next year, however *this is open for parents at all grade levels.***

June 23 from 10:30 pm - 12:30 am – Decorations and setting up Cineplex Park Royal (8 people)

June 24 from 12:30 - 2:30 am – check in, prize table/casino area, and chaperone (10 people)

June 24 from 2:30 - 4:30 am Chaperones, prize table/casino area, and check out (10 people)

If you are able to volunteer, contact Mili Delgado at milagroshaviles@hotmail.com. Thank you for your help!



STA Cafeteria

Breakfast and lunch is available at the STA School Cafeteria every day! All food is prepared daily, with a selection of daily menu items and daily specials. The weekly specials for **April 2 - April 5** are:

Tuesday ~ soft beef taco; zinger chicken wings & fries

Wednesday ~ lasagna & garlic bread

Thursday ~ chicken dumplings (potstickers)

Friday ~ pasta & garlic bread; perogies with bacon and onions, and grilled cheese sandwiches

Cash, debit, credit card and STA gift cards accepted. Menu items subject to availability.

[Unsubscribe](#)

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