



ST. THOMAS AQUINAS REGIONAL SECONDARY SCHOOL

FAITH | COMMUNITY | EXCELLENCE

STA At-a-Glance

April 16 - April 23

For more details about our upcoming events, please click on our School Calendar [here](#)



Noon Dismissal High School Musical Spirit Day

The theme of the spirit day is [High School Musical](#). Students are encouraged to wear red and white. **School will be dismissed at noon.**

Details

Date: Wednesday, April 17

Showtime: 1:00 pm

Where: STA Gym

Please note the following for this day:

- We hope all students will attend the matinee to support the cast and crew. **Seating for students is on a first-come, first-served basis.** The musical takes place in the STA Gym.
- Students do NOT need to purchase a ticket to the Wednesday matinee. Instead, a \$5 donation at the door is requested. Cash and credit will be accepted. *Purchases to other performance dates can be made [here](#).*



Kiwanis Band Festival



Kiwanis Choral Festival

Congratulations to the STA Choir for their performance at the Kiwanis Festival. The choir, directed by Ms. Rebane,

Congratulations to the STA Concert Bands for their performances at the Kiwanis Festival. The Grade 8, Junior and Senior Bands were awarded Silver.



Volunteer Opportunities

Grab a friend or spouse and [sign up](#) for one of STA's fabulous events that we all enjoy! This is a great way to get involved with your school, give back your time and talents, meet new people and stay connected with the community. Thank you for your support!

- April 19: 5:00 - 7:00 pm - Alumni Reception (2 people) / Assistance with setup, serving and cleanup
- May 7: 1:00 - 3:00 pm - Grandparents Tea setup (3)
- May 8: 8:00 am - 1:00 pm - Grandparents Tea event (5) / Assistance with serving and cleanup
- May 28: 7:00 - 9:00 pm - Band Concert & Art Exhibition (5) / Assistance with setup, serving and cleanup
- Jun 6: 4:00 - 8:00 pm - Grad Mass setup (10)
- Jun 7: 1:00 - 3:00 pm - Grad Mass (3) / Assistance with setup, serving and cleanup



Spring Plant Sale

Spring is here! The STA Parent Association is once again selling a beautiful selection of spring plants, hanging flower baskets, herbs, veggies, succulents and more. Click [here](#) to make your purchase today.

Details

Deadline: Tuesday, April 23 at midnight

Pick up: Wednesday, May 8 & Thursday, May 9



was awarded Gold. Congratulations to the students and director!



STA Men's Hostel Ministry

Students can earn Service Hours and provide for those in need by preparing food donations to the Vancouver Men's Shelter. Drop off 12 baked goods or 12 sandwiches (individually wrapped) to the STA Campus Ministry office and log your service hours.

April Details

Dates: Thursday 18 & Friday 26

Time: 8:00 - 9:00 am

Where: Campus Ministry Office



Grandparents Tea

Register by Friday, May 3



Parent Volunteers Needed for the Dry Grad Event

Parent chaperones are urgently needed for the 2024 Dry Grad Event. **Grade 11 Parents - this is a great way for you to see what you can expect for your children whom are graduating next year, however *this is open for parents at all grade levels.***

June 23 from 10:30 pm - 12:30 am – Decorations and setting up Cineplex Park Royal (8 people)
June 24 from 12:30 - 2:30 am – check in, prize table/casino area, and chaperone (10 people)
June 24 from 2:30 - 4:30 am Chaperones, prize table/casino area, and check out (10 people)

If you are able to volunteer, contact Mili Delgado at milagrohaviles@hotmail.com. Thank you for your help!

STA Campus Ministry's International Night: Friday, May 31

[International Night](#) is a tradition that brings the whole school community together to celebrate and share our many cultures!

To make this happen, we need your help! STA relies entirely on parental involvement. As in previous years, we are hoping to host 12 - 15 national tables decorated with cultural artifacts and serving national food.

We are looking for people to organize country tables, which includes contacting STA families for your nation, providing food, and serving food on the night itself. You will receive PPP Hours for organizing a table.

We currently have tables for: Chile, Peru, Venezuela, Korea, and the USA.

If you are not able to organize a table, but would like to help by making food or serving, we can put you in touch with the coordinator for your nation, if there is one.

Please email Ms. E. Hughes at ehughes@aquinas.org if you are interested or would like more information.



Grade 10 Retreat

Students are to go to their first block for attendance and will return at 3 pm.

Details

Date: Tuesday, April 23

Lunch: Pizza provided, bring a water bottle

Uniform: Not required, wear casual clothes



2024 National Conference Retreat: From Anxiety to Peace

The Canadian Christian Meditation National Conference is hosting a retreat, From Anxiety to Peace. For more information, click [here](#).

Details

Date: July 5-7

Location: UBC



STA Cafeteria

Breakfast and lunch is available at the STA School Cafeteria every day! All food is prepared daily, with a selection of daily menu items and daily specials. The weekly specials for **April 22 - April 26** are:

Monday ~ pizza, chicken strips & fries

Tuesday ~ soft beef taco; beef potpie & fries

Wednesday ~ bbq chicken & rice

Thursday ~ Sir Thom burger, sweet & sour pork & rice

Friday ~ pasta & garlic bread; perogies with grilled onions and sour cream, fish & chip, and grilled cheese sandwiches

Cash, debit, credit card and STA gift cards accepted. Menu items subject to availability.

[Unsubscribe](#)

St Thomas Aquinas Regional Secondary School
541 West Keith Road North Vancouver, BC V7M 1M5