

ST. THOMAS AQUINAS Regional Secondary School

541 West Keith Road, North Vancouver, BC V7M 1M5

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IMPORTANT DATES IN DECEMBER

2	Staff meeting/Early Dismissal
3	Penitential Service
4	Guest Speaker
5	Regular Schedule
9	Christmas Band Concert
10	School Mass
11	Advisory Schedule
18	Advisory Schedule
19	Speech Arts
20	Pro-D Day, No School
21-31	Christmas Break
25	Christmas Day





ovember was a busy month and began with a very successful STA Crat Fair in our new school building. We are thankful and grateful for the countless hours put in by the event organizers and volunteers who make this fundraising community event a reality.

In the photo above Principal Campbell, along with our Craft Fair organizers, holds a painting of the old and new buildings done by a local artist. It will proudly hang in the new school office as a reminder of where we came from and where we are going to.

As we begin our journey through Advent, we reflect on the good things we have in our lives and with thankful hearts and anticipation we prepare and wait.

Waiting is an opportunity to grow in faith, hope, and love.

Advent is a lesson in waiting but can be transformative and enriching, depends on what you make of it.

Happy Advent, cherish the waiting.

STA WELCOME POLE CEREMONY

St. Thomas Aquinas Regional High School was honoured to have members of the Squamish Nation lead us in a Welcome Pole Ceremony on Thursday, 14 November 2019. It is with great pride that we received this gift which is a reminder to all students, visitors and dignitaries of the openness in which we receive all communities who visit STA.

The Welcoming Pole, located outside STA's entrance, was commissioned by the **Sisters of the Child Jesus**, who are the founders of St. Thomas Aquinas High School. The Pole was carved by international artist, *Latash-Maurice Nahanee*. *Nahanee* and several members of the Squamish Nation participated in the Ceremony and are also former students of STA. The school sits on the unceded traditional land of the Squamish Nation. The ceremony included a Blanket and Bandana ceremony, the Blessing of the Welcome Pole, and a Call to Witnesses. Dignitaries from across the North Shore were in attendance.

LATASH-MAURICE NAHANEE

Latash - Maurice Nahanee is a member of the Squamish Nation and lives in North Vancouver, BC. Latash has a Bachelor of Arts degree from Simon Fraser University and an Associate degree in Arts and Science from Capilano College. After graduating from university, Latash worked as a journalist for ten years.

As a traditional artist *Latash* enjoys wood sculpture, painting, glass etching, performing traditional music and story-telling. *Latash* has travelled overseas to Asia and Europe as a cultural ambassador for the Squamish Nation. He travelled abroad to share traditional songs and dances at cultural festivals.

THE WELCOMING POLE

The Pole carved by *Nahanee* holds a rounded paddle which is a steering paddle and shows that this figure represents a skipper, a captain and a leader. It is hoped that all STA students become leaders in their lives and that they recognize the importance of leadership and the responsibility that goes with it.





Student News

ST. THOMAS AQUINAS

January 2020 Exam Schedule

		Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Monday,	АМ			French Written	French Beginners Spanish	Religion
January 20 PM		Math Math 8/9		French Orals	Religion	Hon English English
Tuesday,	АМ				Precalc Math FOM AW Math	Precalc Math FOM
January 21 PM		Religion	Math	Religion	French-Oral Spanish-Oral	
Wednesder	АМ	French Written		Socials		Chemistry Law
Wednesday, January 22 PM	РМ	French-Oral	Religion		Biology	Political Science History Philosophy
Thursday,	АМ		French Written		Physics	Physics Psychology
January 23	РМ		French-Oral	Science		Biology
Friday, January 24	АМ		Socials	Math AW Math	Hon. English Spanish	French
	РМ				Chemistry	Calculus
Monday, January 27	АМ	Science Fair			Earth Science	English Literature
	РМ	Science Fair				Civilizations Human Geography

AM EXAMS: Students must be in homeroom for morning exams at 8:30 am PM EXAMS: Students must be in homeroom for afternoon exams at 12:30 pm

"MORE THAN INSTAGRAM"

On October 23rd, STA welcomed *A licia Chinchilla*, from Signal Hill who presented to the Grade 8, 9 and 10 students.

She shared with them a very important message of empowerment and their unique and important value as children of God. Her presentation titled "**More than Instagram**" focused on the idea that it is important for students to believe that their value is important and how to take care of their well being. She was excited to present to our students and her message was well received.



VINTAGE CLOTHING MAKES ITS MARK



Grade 11 student *Ethan Dong* was selected as a delegate to attend the Queen's University (Ontario) Leadership, Excellence and Development conference in November. Of the almost 400 Grade 11 and Grade 12 high school students that applied throughout Canada, only 150 were selected based on their application merit. Ethan started an on-line business (vintage clothing) and is keenly interested in learning more about business. This fantastic opportunity allowed him to learn about leadership while attending workshops on business management, business communication and finance, all geared at Grade 11 and 12 students with similar interests.

More details and information on the conference can be found on the link:

https://www.gleadofficial.com/overview

Campus Ministry



WESTMINSTER ABBEY

n Tuesday, November 19, 20 students participated in a field trip to Westminster Abbey.

Jeremy Keong, a past STA teacher and now seminarian, hosted us for the day. He gave us a tour of the grounds, and the stunning Abbey Church where we participated in midday prayer with the monks and seminarians.

We met a number of other seminarians and monks, and enjoyed a day learning more about this Christian community wholly committed to the worship of God, to a fraternal life in communion, and to preserving the riches God has placed in our humanity for future generations.



What is Advent?

A season of hope, preparation, EXPECTATION & celebration



The ADVENT WREATH is a popular symbol used s the focus of prayer throughout the season

Advent is made up of four weeks, divided into two periods: 1 First Sunday of Advent until December 16 Focus: Christ's second coming at the end of time 2 December 17 to 24 FOCUS: Preparation for celebrating the birth of Jesus Christ

The first Sunday of Advent marks the beginning of the liturgical year

CANDLES

mark the steps in our Advent

journey

Archdiocese Toronto

#AdventTO

Through prayer, spiritual reading, acts of charity, and participation in Eucharist, Advent helps us to expand the meaning of our lives, so that we are not ends in ourselves, but a people who seek Christ as our hopeful end and joyful fulfilment



Our prayer at Advent s one of hope and love:



Advent" (Latin) MEAN "a coming or arrival"

Advent is more than the preparation for Christ's birth. It also celebrates the three-fold coming of the Lord: **Remembering** the events that surrounded the Lord's coming long ago **Celebrating** his coming among us today Looking forward to his final coming in glory

www.archtoronto.org

BEST ADVENT EVER AMAZING POSSIBILITIES



God Sees Them All. It's Time You See Them Too!

Join *Matthew Kelly*, and the Dynamic Catholic team for BEST ADVENT EVER- a free email program that will help you enjoy a few minutes of peace and prayer each day during the hectic Holidays!

Take the first step toward discovering your amazing future at BestAdventEver.com.

GRADE 8 RETREAT

On Friday, November 15th the grade 8 class took part in their one day spiritual retreat. They went through a journey of discovering one's own identity as children of God, the recognition that others are also made in the image and likeness of God, and that we are called to reach out and care for our neighbor.

Through questions such as "What are the lies that we learn about our identity?", "What is the actual truth?", and "What are we going to do about the revelations we find out about ourselves and our peers?". Ten grade 11 and 12 leaders worked with the NET team to prepare and lead the day. They used games, skits, pizza, talks, testimonies, and small group sharing to communicate the theme. The retreat was then capped off with prayer time in the church, where NET members and student leaders prayed over every student, before *Fr. Cannio* celebrated mass.





DOOR IS OPEN CHRISTMAS MEAL

E xtra hands and hearts are needed at the Door Is Open for their Christmas meal, which serves those who have nowhere else to go.

Help is needed for set up on December 24th, and serving on December 25th.

Shifts are as follows:

December 24/Christmas Eve: 11:00 am-1:00 pm

December 25/Christmas Day:

8:00 am -10:00 am 10:00 am -12:00 pm (noon) 12:00 pm (noon)-2:00 pm 1:00 pm - 3:00 pm (clean up)

The Door Is Open is located at 255 Dunlevy Avenue, Vancouver, BC.

If you are able to give some time to help please contact: Kathy Campbell at:

604 983 3576, or kathycampbell@me.com

FOREST OF MIRACLES



The Dundarave Festival of Lights is installing the *Dundarave Nativity* on Saturday December 7. Come and meet *Bill Seminoff* the restorer of the Nativity set and carver of two of the three kings.

Join us for our first annual Community Caroling MEGA Choir - flash mob style.

We are gathering at NOON at the Dundarave Gazebo for Squamish Elder *Wendy Charbonneau's* Blessing of the Nativity.

At 12:30 pm we will sing the top 5 Christmas Carols:



Joy to the World Silent Night O Come all ye Faithful What Child is this Hark the Herald Angels Sing



We expect the caroling to last approximately 30 minutes. No experience necessary. Lyrics will be provided.

This event will be followed by more music and storytelling under the longhouse tent.

Science Department News

GRADE 8 SCIENCE FAIR

GRADE 8 PARENTS

Please note the following:

Our 18th Annual Grade 8 Science Fair will take place in our school gym on Monday, January 27th.

The students' Science Fair Reports are due in Science class on Tuesday, December 17 (day 1) and Wednesday, December 18 (day 2).

The students' science fair boards will be distributed in December and are due in the gym at 8:00 am on the day of the Science Fair. The students' schedule for the day will run as follows:

8:00 am to 9:00 am: Students set up their Science Fair boards in the gymnasium. (This will likely take only a few minutes, but boards MUST be set up no later than 9:00 am.)

9:00 am to 12:00 noon: Students return home to prepare for their interviews in the afternoon. Other students will be writing exams and we will not have supervision for the grade 8's during this time.

12:00 noon to 2:00 pm: Students stand by their Science Fair boards in the gymnasium for judges' interviews. It is essential that students are on time for their interviews – 12:00 sharp!

5:00 pm to 6:00 pm: Students and their families attend the awards ceremony. (Awards will be presented at 5:30 pm.)

We are still in need of judges for our Science Fair! Judges are required from 8:00 am until 4:00 pm on Monday, January 27. Training for judges will be provided on the day of the event, as will lunch! While YOU DO NOT NEED TO HAVE A BACKGROUND IN SCIENCE TO BE A WONDERFUL SCIENCE FAIR JUDGE, this is certainly an asset. All interested parents and STA alumni should please email Ms. Treacy at treacy@aquinas.org.

Those who have already volunteered to judge (thank you!) were sent a confirmation email in the middle of November. Let *Ms. Treacy* know if you have volunteered but did NOT receive this email!



ENGINEERING FOR GIRLS AT UBC

Engineering Explorations allows girls in grades 8-12 to explore engineering as a career and participate in a full-day of hands-on engineering workshops.

On-line registration is required. Email Ms. Treacy for more information.

Grade 11: February 1 Grade 10: February 22 Grade 8: March 14



STEM CLUB STA's STEM (Science, Technology, Engineering and Math) Club meets in room 204 on Wednesdays after school. All are welcome!

2020 YOUTH INNOVATION SHOWCASE

Do you have an innovative idea that could change the world in some big (or small) way? The Science Fair Foundation of British Columbia invites young people ages 12 to 24 to create and submit a video explaining their innovative idea. Finalists will pitch their ideas to industry, post-secondary academia and investors.

The deadline for submissions is April 30, 2020.

Students should go to www.youthinnovation.ca to register.

News from the Academic Advisor

s the midterm exam schedule has now been published, we encourage all students to arrange to meet with Mr. Salituro to schedule potential exam conflicts or concerns. With university applications for Fall 2020 admissions now open, grade 12 students are encouraged to utilize the academic advisor's office with any application or admission questions. Students and parents are encouraged to follow our social media accounts on both Instagram and Facebook to keep up to date with new scholarship and bursary opportunities along with news on post-secondary info sessions and open houses. This information will also be published in STA's daily announcements. Our updated academic advising web page is also a great resource for useful links, scholarship opportunities, career explorations and post-secondary planning tools. http://www.aquinas.org/index.php/ academics/advising. Follow us



(a) staacademics



ww.facebook.com



igh school to L post-secondary is a big step. Here in B.C., there are thousands of world-class education options after high school

- whether you're enrolling in an academic program, upgrading skills or training for a career. BC's post-secondary system has the breadth and flexibility to offer programs on a wide variety of career options. Education Planner BC helps students make well informed decisions about their education and career options. Use the Plan section to find articles and information about different paths along the student journey. Create one account and apply to multiple post-secondary institutions. Visit educationplannerbc.ca

and start planning your path to success.

CORPUS CHRISTI



THE CATHOLIC LIBERAL ARTS COLLEGE IN VANCOUVER, BRITISH COLUMBI

Corpus Christi College

is hosting a Preview Night for prospective students and their families.

You can meet with faculty, staff and current students, learn more about their programs and take a tour of the campus. All are encouraged to bring questions for their panel. Preview Night details: Date:

Wednesday, January 15, 2020 Time: 6:30 – 8:30 PM Location: UBC Campus, 5935 Iona Drive, Vancouver Register online:

corpuschristi.ca/news-events/events/ preview-night/



NOVEMBER HONOUR ROLL



GRADE 8

Ahn, Solbi	Diab, Rosemary	Lara, Eva	Purkiss, Elizabeth
Altamirano, Sara	Duke, Simon	Lazaga, Ancus	Rhone, Ava
Concepcion, Pauline	Fitzgerald, Emma	Lee, Hae In	Ryznar, Justin
Ghezzi Fagyas, Kyara	Frith, Caterina	Lipnitskiy, Mikhail	Sanoria, Andee
Henley, Rhiannon	Gelo, Tia	Lum, Taylor	Santiago, Etienne
Sikich, Dante	Abedini, Danial	Macuroy, Daniel	Sawhney, Neil
Tuey, Oliver	Gilmour, Georgia	Mahmoodian, Sarina	Sayyad, Melissa
Yang, Jiyeon	Govorcin, Nicolas	Malekzadeh, Zhina	Schmidt, Jonathan
Arcilla, Gabrielle	Hagedorn, Sienna	Marcano, Fabiola	Schuss, Sofia
Benedet, Elle	Hall, Michael	McDaniel, Anthony	Sharp, Zakary
Chandralingam, Adrian	Hisole, David	McLaughlin-Arasteh, Orla	She, Kai-Yu
Chen, Jason	Howse, Liam	McLean, Haley	Simms, Abigail
Cheung, Bowen	Jaffe, Alexander	McMillan, Madeline	Sutcliffe, Michael
Coley, Nathan	Jones, Lydia	Mulhall, Justin	Taylor, Harrison
Corcoran, Avery	Kalanchey, Chase	O'Flaherty Wills, Bronwyn	Tigas, Francis Ryan
Cratchley, Lauren	Kelly, Joshua	O'Neill, Mia	Torrillo, Jervin
Cruz. Abigail	Kero, Helena	Panzetta, Alessandra	Walker, Nyah
Delainey, Brooklynn	Kirkham, Bridget	Pelletier, Jacqueline	Watts, Jack
Delgado, Nicolas	Koch, Joshua	Pestes, Alessa	Wong, Cherrie
Di Rosa, Marianna	Kuss, Addyson	Poori, Sriniketh	Yao, Jessica

Yupangco, Tyler



Names in bold denote First Class Honours (GPA = 3.80). Honour roll students are listed alphabetically and have achieved a GPA of 3.202 or greater and/or have achieved Excellent or Good work habits in all subjects.



NOVEMBER HONOUR ROLL

GRADE 9



Asoudehkhaljani, Seyedehailin	Ahn, Yosebi	Fernandes, Daniel	Mozaffari, Radin
Cox, Sophie	Arai, Ethan	Forguson, Lucinda	Nacorda, Gabrielle
Cutler, Declan	Baker, Roland	Hinze, Sean	Oko, Caiden
Del Monte, Athessa	Baptista, Alexandre	Howard Jovanovic, Zoi	Panicker, Alexandre
Genova, Rumina	Bernardez-Lai, Diego	Howse, Noah	Pizzolon, Jake
Hamilton, Meara	Bremsak, Nina	Hunter, Anthony	Revilla, Angelina
Hinze, Lauren	Burgos, Javier	Kennedy, Christina	Riddall, Mia
Islas, Diego	Caffaro, Luca	Kennedy, Thomas	Santos, Estefania
Kim, Vin	Chong, Jae Ha	Kischer, Evan	Scherk, Michael
Matinrad, Mehrsa	Clarke, Madeline	Kostamo, Stephanie	Sharghi yazdi, Setareh
Vaseghi, Anita	Coo, Mark	Kwon, Yohan	Simmons, Matias
Villanueva, Myla	Ducut, Brendan	Larson, Sierra	Soroka, Alexander
Factor, Deanna	Dwyer, Matthew	Lee-Cayetano, Madelyn	Themens, Kelsey
Fraser, Raine	Dy, Isabella	Martinez Gutierrez De Velazco, Jorge	Urbani, Elizabeth
Montoya, Dana	Estropia, Harrison	McLeary, Ashley	Wong, Kara
Woodworth, Eliana	Fediw, Isaac	Merrin, Laura	Yi, Jioh



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NOVEMBER HONOUR ROLL



Altamirano, Isabel	97	Cole, Samuel	Kwak, Minseok	Purvica, Daniela
Wang, Abraham	95	Coppin, Samantha	La Pica, Fiorella	Rangel, Jose
Dick, Dylan	95	Dalisay, Channah	Lam Po Yuen, Alexis	Riccio Palmieri, Manuela
Savage, Sophie	93	De Paz, Aliah	Laudencia, Jericho	Rodriguez, Tamara
Dijak, Dominik	93	Edge, Benjamin	Lazaro, Kandie	Sikich, Eva
Wishart, Daniel	93	Edwards, Ella	Lee, Hailey	Silberstein Sestini, Juliana
Battisti, Trent	92	Eng, Ayden	Lee, Kai	Stokes, Kaitlin
Concepcion, Janelle	92	Erdman, Talia	Liu, Yuhan	Tan, Hazel Mae
Popa, Adelina	92	Frith, Luke	Lum, Ayden	Villa Soto, Danilo
Cruz, Brandon	92	Gawronski, Anna	Macatangay, Job	Villagracia, Michael
Acio, Alexandra		Gharavi, Helia	Marusak, Dominik	Voulakis, Joseph
Ahn, Regina		Gui, Mingze	McLennan, Alexander	Wein, Maia
Bita, Tudor		Gustafson, Anja	Moore, Mckenzie	Wimberley, Rory
Bizzotto, Caroline		Kam, Marcus	Nedergard, Markus	Yu, Kylie
Buno, Jayron		Kang, Yebin	Oliveira, Rafaela	Zadeiks, Jordan
Calindas, Kevin		Kasabashian, Elizabeth	Ong, Grace	Zarowny, Monika
Chen, Yvonne		Kim, Jinho	Purkiss, Michael	Zhai, Yuquan

Claro, Julianna



Names in bold denote First Class Honours (92%+) Average All honour roll students are listed alphabetically, have achieved an overall average of 82% or greater and/or have achieved Excellent or Good work habits in all subjects.

Repard-Denniston, Arabella

92

Hunt, Amelia



NOVEMBER HONOUR ROLL

GRADE 11

Nock, Hudson	99	Hamilton, Calleigh	92	Jasionowska, Olivia	Mills, Ryan
Taylor, Chloe	99	Arai, Brandon		Kalanchey, Jack	Nikkhah, Parham
Heuchert, Joshua	98	Arcilla, Raphael		Kero, Anthony	Palmer, Sophie
Haines, Grace	98	Babcock, Grace		Kim, Andrew	Paul, Benjamin
Ye, Yiwen	98	Baker, Graydon		Kim, Minseo	Rogers, Liam
Poori, Saketh	98	Barrera, Nicolas		Kim, Taeyoon	Ryznar, Sophia
Woo, Sean	97	Black, Ryan		Kirkham, Aodhan	Sapanta, Vanessa
Themens, Mackenzie	97	Blake, Jack		Kischer, Thomas	Schumann, Luke
Kennedy, Ella	96	Borges McDiarmid, Catarina		Koeppen, Christopher	Sikich, Luca
Cunningham, Laura	96	Canvin, Ella		Krohman, Justin	Steverding, Anna
Crane, Amanda	96	Contini, Chanelle		La Breche, Noah	Teather, Destynee
Eng, Allyssa	96	Cox, Paige		Lalanne, Jordyn	Thordarson, Erik
Gao, Yang	95	Cromack, Henry		Lew, Derek	Tiernay, Anna
Costales, Ericka	95	Day, Jazz		Lewis, Lauren	Torres, Maria
Bauermeister, Cara	94	Dear, Carmel		Li, Mingqi	Trujeque Moro, Ivana
Jones, Sonya	94	Del Monte, Geraldine		Lyu, Gengda	Wang, Junyi
Ma, Hanshu	94	Dong, Ethan		Manongsong, Gericho	Watts, Tristan
Rhone, Gabriel	94	Dupouy Pardo, Maria		Markic, Jessica	Woodworth, Frank
Serrano, Sofia	93	Enriquez, Felix		Matias, Jalen	Yan, Duo
Ong, Gabriel	93	Ghezzi Fagyas, lan		McLachlan, Owen	Yellowley, Marcus
Kim, Minjin	93	Gilson, Abigail			
Wattier, Siena	93	Haaf, Georgina			
Saffar, Bahar	92	Hamagami-Postill, Kamryn			
Dahl, Meghan	92	Hoh, Yein			9

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	NOVEMBER HONOUR ROLL				
	-	<u> </u>	GRADE	12	
Altamirano, Diego	97	Kero, Ava	92	Gerber, Jack	Parkinson, Hunter
Mo, JingXiang	96	Parente, Isabella	92	Han, Ronnie	Parrotta, Julia
Weiss, Christine	96	Butt, Aron	92	Heffring, Madison	Pereira, Sharlene
Yao, Yikun	96	Winter, Sam	92	Hoh, Yegyeom	Pizzolon, Adam
Sanoria, Erik	96	Abbott, Leah		Jozsa, Petra	Prescott, Caelan
Bowen, Dayton	96	Achadinha, Justin		Kim, Chae Ryeong	Rodrigues, Olivia
Leblanc-Pratt, Felix	95	Almerling, Alyssa		King, Lili	Saffar, Sara
Scalabrino, Samantha	95	Alnuweiri, Evyndira		Kramer, Anna	Sarvas, Emma
Zoleta, Veronica	95	Ayat, Jules		Kwong, Nicholas	Schmidt, Catherine
Galat, Isabella	95	Bagheri, Amirahmad		Lee, Jun Soo Ryan	Schneider, Brock
Kostamo, Sophia	94	Borejszo, Lucas		Li, Runhao	Shin, Sa Young
Xia, Simon	94	Bosa, Ava		Lowe, Caitlin	Siddoo, Argen
Kischer, Rudolf	94	Bracken, Emily		Lyall, Rachel	Soberano, Darren
Zhang, Luman	94	Burran, Michael		Macababbad, Pamela	Stockwell, Katharina
Dalzell, Daela	93	Calamo, Genevieve		Maglieri, Olivia	Tidman, Jakob
Mastrangelo, Sophia	93	Campbell, Lauren		Maguire, Fiona	Tomas, Nicolas
Hennig, Helene	93	Castellon, Elena		Marcano, Eloisa	Urbani, Madeline
Tancredi, Evan	93	Cesareo, Isabella		Marilley-Bodner, Benjamin	Wang, Ziyue
Cutler, Gemma	93	Clarke, Jessica		Markwick, Zoe	Winter, Meg
Spadavecchia, Danet	92	Conejar, Allison		Matoulek, Natalie	Wouters, Julia
Kim, Munho	92	Coyle, Mika		McGeough, Matthew	Xu, Weichang
Chen, Kristin	92	Cune, Maria		Milla, Anikka Mae	Zadeiks, Mia
Martin, Julia	92	Cusano, Santana		Neal, Stephanie	Zejer, Daniel
Li, Rachel	92	Damery, Edward		O'Flaherty, Caleigh	Zhang, Luman
Shin, Sa Eun	92	Endler, Laura		O'Flynn, Michael	Zhu, Tingnan
Minni, Joseph	92	Everett, Emily		Panopio, Guia Bianca	

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GRAD ALERT: YEAR BOOK 2019/20 GRADUATE MEMORIES

Vould you like to write a special letter to your graduate in the 2019/20 yearbook?

The Media Arts class will shortly be working on the senior section of the yearbook and would like you to leave baby photo, write-up and payment at the office by

Monday, December 9, 2019

for pickup by Katy Stockwell. Mark the envelope: Katy Stockwell, PERSONAL & CONFIDENTIAL

Please enclose:

1. Photo with the student's name on the back.

This photo must be a baby picture of your son or daughter. They will be returned at the end of the school year with the yearbook, provided they are labeled with the student's name. A good colour copy is OK. If you would like to send the picture electronically, it needs to be at least 300 dpi.

2. Your write-up may be submitted on paper or via email.

This message must be no longer than 100 words. It would be appreciated if you could email the write-up to:

stockwellkath@aquinas.org, scalabrinosama@aquinas.org or sawdon@aquinas.org

3. Cash/ cheque made payable to STA for \$25.00.

Students quite often open the envelope and peek at their photos and messages, even when it is sealed and addressed "**Personal & Confidential**". If you would like to avoid this from happening, you can give it directly to *Katy Stockwell*.

All families of graduates are encouraged to submit a memory!

Space is limited and submissions are due no later than December 9, 2019 but you may hand it in early.

If there are any concerns, please feel free to contact the school at (604) 987-4431 weekdays until 4:00 pm. The yearbook staff cannot guarantee inclusion in the yearbook if pictures and write-up are handed in late either by parents or students.

Thank you for your support!

Yearbook Staff



STA ATHLETICS

BANTAM GIRLS NORTH SHORE CHAMPS



Congratulations to the Grade 8 girls Volleyball team on their outstanding season:

First place STA tournament Second place Handsworth tournament First Place BC Catholic provincials North Shore Champions Silver Medalists Provincial invitational tournament

Mrs. Purkiss, Coach

SWIMMING NEWS

Well done to the swimmers, *Jorge Martinez*, *Michael Lipnitskiy* and *Isabella Cesareo* who all competed in the zone meet.

Special recognition to *Isabella* who qualified for Provincials held at Watermania and placed 4th in the 100m backstroke.



FIGHTING SAINTS GRADE 7 BASKETBALL TOURNAMENT

The brand new STA gym played host to grade 7 girls and boys basketball teams from St. Anthony's, St. Pius X, Holy Trinity, and St. Edmunds.

The tournament was historic as it marked the first basketball games every to be played in the new gym.





great time and the level of play was outstanding.

Special thanks to the Sport Academy students for hosting the event, *Mr. John Campbell* for cooking up hot dogs for everyone, and *Mr. Chris Campbell* for overseeing the entire event.

HISTORIC NIGHT AT STA



The STA Fighting Saints senior girls' basketball team hosted the first official high school basketball game in the brand new gym. *Gemma Cutler* led the Fighting Saints with 41 points as STA downed the LFA Angels 93-39. The Fighting Saints were fueled by *Jessica Clarke's* solid rebounding and 32 points, while *Caleigh O'Flaherty* and *Allison Conejar* shut down LFA's top scoring threat.

St. Thomas Aquinas' Jessica Clarke has committed to play basketball for the Washington State Cougars in 2020/2021. Washington State is a NCAA Division 1 school presently playing in the incredibly competitive PAC 12 conference. Many NCAA schools courted Jessica throughout the process, but in the end she settled on Washington State. "I felt a connection with the team and the coaches. And I'm excited to play in the PAC 12 for the Cougars next year."

Over the years *Jessica* has honed her skills playing basketball for Holy Trinity Elementary School, Rock Basketball, Basketball BC, BC United, and for the Fighting Saints of St. Thomas Aquinas. Her accomplishments include playing on 2 Provincial Championship teams, 2 BC Catholic Championship teams, and being an All-Star or MVP at many tournaments. *Jessica* is grateful for the support of parents (*Tracy* and *Matt*) over the years, as well as her many coaches and team mates.

JESSICA CLARKE OFFICIALLY SIGNS WITH WASHINGTON STATE UNIVERSITY





GEMMA CUTLER TO PLAY IN THE NCAA

Gemma Cutler has committed to play for NCAA Division 2 powerhouse Simon Fraser University in 2020/2021. The Clan is the only university in Canada playing in the NCAA, and Gemma is "so excited to join the SFU basketball program." While in high school, Gemma has been recognized as an All-Star at the local and provincial level. Best of luck to Gemma as she takes her game to the next level!





STA PARENT ASSOCIATION MEETINGS

The STA Parent Association (PA) meets on the first Thursday of every month at 9:15 am, Room 207 of the Convent. All parents and guardians are invited to attend.



NEW! PARENT INFORMATION SERIES

Future sessions will be posted at: <u>http://</u> <u>www.aquinas.org/index.php/parents/register-</u> <u>information-night</u>

Everyone Welcome to Squamish Nation Vendors Christmas Craft Show 15 amazing artist vendors: pottery , jewelry , carvings, smoked fish and more assortment of Squamish Nation talent from within our community. Saturday, December, 14 & Sunday, December 15 10 am to 4 pm both days Held at the Elders Centre 100 Mathias Road at Welch Street on the Capilano Reserve, in North Vancouver . Our hands are up to you with open arms , and open doors . There will be a concession as well . Hychqua

CALENDAR OF EVENTS FOR CHRIST THE REDEEMER PARISH

DECEMBER 1

ANCHOR-YOUTH MINISTRY

Our next Anchor event for teens Grade 8-12 is on Sunday, December 1. Join us for youthful Mass at 5, flowed by dinner at 6 pm, testimony, worship, and of course games and open gym/outdoor sports. We'd love to see you there! Please RSVP so we know numbers for dinner.

DECEMBER 3

Alpha Celebration-Alpha is for everyone. Join us for potluck, live music, and good company on Tuesday, December 3 at 7 pm Christ the Redeemer Parish Gym: 599 Keith Road, West Van Bring your friends and family!

DECEMBER 12

CTR Men's Hostel Ministry Located in downtown Vancouver, the Men's Hostel gives shelter for transient or destitute men, modelling the caring and compassionate spirit of Jesus Christ. If you would like to join or support this team with cash donations, prayers or preparing the meal contact Claudia Fraga at: cfragai@yahoo.com. Our first meal will be served on December 12 for Christmas and will feed 122 men.

CHRISTMAS MASSES

December 24 5 pm Mass: Carols at 4:30 pm Midnight Mass: Carols at 11:30 pm

> **December 25** 9:00 am 11:00 am

STA Newsletter Subscriptions Please notify the office (604-987-4431 or office@aquinas.org) if you move or change your e-mail address.